



Agenda
Village of Arlington Heights
Youth Commission
Arlington Heights Memorial Library - Room 1
500 N Dunton Ave, 60004
October 20, 2022
6:00 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from September 15, 2022

IV. REPORTS

- A. Commission Reports
 - 1. Library
 - 2. Park District
 - 3. Police Department
 - 4. Schools
 - 5. Commissioners at Large

V. OLD BUSINESS

- A. Snow Shoveling Program
Commissioners will review a proof for the promotional flyer and discuss a plan to disseminate and promote.
- B. Teen Health Programming
Commissioners will discuss next steps for a potential collaboration with the Health Department for an awareness campaign.

VI. NEW BUSINESS

- A. Teen Job Fair
Commissioners will discuss a date for the Teen Job Fair and other suggestions for the 2023 event.

VII. OTHER BUSINESS

VIII. ADJOURNMENT

Persons with disabilities requiring auxiliary aids or services, such as an

American Sign Language interpreter or written materials in accessible formats, should contact Rosangela Maldonado, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, rmaldonado@vah.com or (847)368-5791.



**Youth Commission
10/20/2022**

Item: Minutes from September 15, 2022

Department: Health and Human Services

ATTACHMENTS:

Description	Type
Minutes from September 15, 2022	Minutes



Minutes
Village of Arlington Heights
Youth Commission
Arlington Heights Memorial Library
500 N Dunton Ave
September 15, 2022
6:00 PM

I. CALL TO ORDER

Chairperson Son called the meeting to order at 6:00 p.m. All stood for the Pledge of Allegiance. The Commission welcomed new member Owen Smith.

II. ROLL CALL

Present

Alice Son, Chairperson

John Peterson

Jennifer Borrell

Chyrel Moore

Anna Fortsas

Nathan Georg

Also Present

James McCalister, Director Health & Human Services

Melissa Jacobsen, Administrative Assistant

Absent

Anayah Menzies-Thomas

Dr. Afroz Hafeez

Connor Neill

Matt Healy

John Peterson

Detective Taryn Gombar

III. APPROVAL OF MINUTES

A. Minutes from April 28, 2022

A motion was made by Commissioner Borrell to approve the minutes of the April 28, 2022 meeting, seconded by Commissioner Moore and approved by unanimous consent.

IV. REPORTS

A. Park District

No report

B. School District

Commissioner Moore said students have returned to school.

C. Library

Chairperson Son said more teens have returned to the library and summer reading was a success. She said the Teen Film Fest had over 100 people attend and over 17 films submitted by teens.

D. Police Department

No report

E. Commissioners at Large

Commissioner Fortas said students are happier this year to return to school.

Commissioner Georg said there is a focus on getting seniors registered to vote before graduation.

Commissioner Peterson said that students just attended Homecoming at Prospect.

V. OLD BUSINESS

A. Lawn Mowing Program

Chairperson Son said she received quotes for the lawn sign that Commissioner Borrell designed, but advertising was not completed. Mr. McCalister reported that the Senior Center Manager will be emailing letters to school principals advertising the upcoming snow shoveling promotion of the program. He explained that 277 residents are enrolled to receive services, and 21 teens are signed up to provide lawn mowing/snow shoveling for those residents. Commissioner Georg said that sending flyers around school and on the announcements would be helpful. Commissioner Peterson suggested an email would also be helpful. Mr. McCalister suggested that the Commission can add their ideas to the letter that will be sent to the schools by the Senior Center Manager. Commissioner Moore suggested that the flyer is included in weekly emails to students so that it is not only sent once, but as a reminder for students. Commissioner Fortas said revising the flyer to keep the information simplified is best. Commissioner Georg suggested sharing on social media through the Park District. Chairperson Son agreed that advertising the program through social media postings would work well. She asked the Commission to reach out to graphic design students to make a flyer and determine how the information can be shared through the schools' announcements. Commissioner Fortas said she is enrolled in a graphic arts class and she can talk

to her teacher about possibly designing a flyer. Chairperson Son said she will ask the Senior Center Manager to include in the letter that an updated flyer is coming soon and request that the flyer is added to weekly emails and announcements.

C. Teen Health Programming

Chairperson Son said this topic was discussed at the last meeting and the focus was on mental health in combination with physical health programs. Mr. McCalister said that at the last Board of Health meeting, the Board was asking to partner with the Youth Commission on topics of mental health, specifically issues teens see about mental health and substance use. Commissioner Moore said teens may not feel like there is a safe place to open up and talk to someone who will not be judgmental. She said allowing teens to talk about issues with someone who will listen to them and validate that they are being heard. Commissioner Peterson said students might be afraid of getting in trouble or getting their friends in trouble. Commissioner Smith said students are assigned to a counselor, but he is not aware of students actually trusting the counselors because counselors have broken their trust by telling the principal, parents, or police. Commissioner Georg said it would be important to have a goal in helping students. He said that telling students drugs are bad and don't vape is not going to work. Commissioner Georg asked if there is a resource at school that students can talk to. Commissioner Moore said there is a psychologist and social worker available to students. Commissioner Georg said students may not know that they have the option to speak with a psychologist or social worker at school. Commissioner Moore stated that the Commission could focus on helping schools communicate to students that a psychologist and social worker is an available resource for students to talk to. She said, for example, that students can drop a note off to the office secretary to pass along, and then the psychologist or social worker would contact the student. Commissioner Smith said it would be good if a psychologist is held to confidentiality standards. The Commission agreed that privacy is an issue for students to bring issues forward and knowing who they can go to with their problems needs to be communicated. Chairperson Son said the library is an available location for programming if anything is decided as the library is focused on privacy and is open to the public. She stated that the Commission can create teen health programming as an awareness campaign and the Commission agreed.

VI. NEW BUSINESS

VII. OTHER BUSINESS

Chairperson Son said there are two open student positions on the Youth Commission.

VIII. ADJOURNMENT

Commissioner Borrell, seconded by Commissioner Georg, moved to adjourn at 7:00 p.m. all concurred and the motion carried unanimously.

The next meeting is scheduled for 10/17/2022.