



Agenda
Village of Arlington Heights
Board of Health
Commissions Room 2nd Floor

Arlington Heights Village Hall
33 S. Arlington Heights Road
Arlington Heights, IL 60005
October 15, 2014
7:30 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from 5/21/14 meeting

IV. REPORTS

- A. Director of Building & Health Services Update
- B. Nursing Services Update

V. OLD BUSINESS

VI. NEW BUSINESS

VII. OTHER BUSINESS

VIII. ADJOURNMENT

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Item: Minutes from 5/21/14 meeting

Department: Health Services

ATTACHMENTS:

Description	Type
May 21, 2014 BOH minutes	Agreement

VILLAGE OF ARLINGTON HEIGHTS

Board of Health Meeting Minutes

Wednesday, May 21, 2014

I. Call to Order

Chair Meservey called the meeting to order at 7:30pm.

II. Pledge of Allegiance

III. Roll Call

Present:

Yota Kleinman, MD
Jerome Meservey, MD
Timothy Laurie, MD
Thomas Harris, DDS

Absent:

Karen VanLandeghem

Also Present:

James McCalister, Director BHS
Cathy Meersman, RN

IV. Approval of Minutes

A motion was made by Dr. Meservey to approve the minutes of the October 16, 2013 meeting, seconded by Dr. Kleinman and approved by unanimous consent.

V. Communications

Linda Smith from the Lutheran Home gave a presentation on the Lutheran Home Olsen Pavilion Expansion addition called the *My Rehab Center*, which will consist of 78 private rooms, each with private bathrooms and showers that are Americans with Disabilities Act approved. She stated that they hope to open in June.

a. Director of Building & Health Services Update

Mr. McCalister shared other new construction activity – Autumn Leaves Memory Care Facility, 1625 S. Arlington Heights Road, Chicago Surgical Clinic, 129 W. Rand Road, Transitional Care Management, 1200 N. Arlington Heights Road, and Xilin Adult Day Care, 145 E. Algonquin Road.

Mr. McCalister stated that Northwest Community Hospital (NCH) has a presence at the Senior Center with a memorandum of understanding. They are working on expanding the memorandum of understanding now. Char Padovani was hired as their Senior Services Liaison. She is working on future programing that can be provided at our Senior Center.

Mr. McCalister passed out a flyer on the Northwest Suburban Housing Collaborative Senior Handyman Program. There has always been a need for handyman services and this service will be available to residents of Arlington Heights, Buffalo Grove, Mt. Prospect, Palatine, and Rolling Meadows.

Mr. McCalister explained that the week of May 18-24th is Emergency Medical Services Week and some Health staff have taken the NIMS 300 and 400 courses in May.

Two birds were collected for testing by the State for West Nile Virus.

b. **Nursing Services Report**

Immunization Clinic - Cathy Meersman, RN shared that the Immunization Clinic is up and running and the Clinic now is open the second Monday of each month. The Clinic requires a reservation and past immunization records. The nurses meet the week prior to the Immunization Clinic to go over immunization records and these are compared to the ICARE State database.

Ms. Meersman explained to the Board that the computer program we had been using will not be able to merge with ICARE. She said we will still use this program for adults as we purchase vaccine and they pay cost for the vaccine.

Vision & Hearing Program – The Vision and Hearing Program was conducted at Our Lady of the Wayside, St. James, and St. Peter parochial schools in late November, January and February.

Home Visit Program – The Home Visit numbers have dropped slightly as have the numbers for other nurses in the surrounding areas. Walk-in numbers have increased at our Wellness Clinics at Village Hall and the Senior Center.

Senior Programs – Nursing Services provided 150 cholesterol tests at Senior Celebration Day at Arlington Park on May 8, 2014. The cassettes were donated by District 214. Nursing Services provided blood pressure screenings, weights, & BMI at the National Senior Health & Fitness day held at the Senior Center on May 28, 2014.

Community Programs – First Aid support is provided by Village nurses at the 4K/8K *Got2Run* race where money was raised for local schools. There were about 1500 runners/walkers at this race. First Aid support will also be provided at the 5K/10K *Salute Run* scheduled at Rec Park this weekend to honor veterans.

TEAMS – This is a special community joint venture with School District 25. TEAMS stands for Training, Education, Assistance, Mentorship, and Support. This involves local health departments, supportive pediatricians, and the school district. This program is to help prevent chronic disease, mental health concerns, and to promote health awareness. Dr. Meservey said that School District 25 applied for this grant and is the only school district to receive the grant. They will have two years to evaluate school health to see where there can be improvements.

Frontier Days – Ms. Meersman said that the Village nurses will be at the First Aid Booth during the Festival.

Mane Event – Ms. Meersman said Nursing Services will be at the Mane Event offering blood pressure screenings again this year.

VI. **New Business**

a. **Electronic Cigarettes (e-cigarettes)**

Mr. McCalister said currently a few communities have amended their clean indoor air ordinances to prohibit the use of electronic cigarettes in public places. The FDA is proposing regulations and opened a public comment period for 75 days on April 25, 2014 through July 10, 2014. There are currently 250 brands of e-cigarettes that are unregulated.

Mr. McCalister said that he has yet to see any peer reviewed, scientific literature done on the effect of second hand vaping of nicotine. Most e-cigarettes contain nicotine.

Mr. McCalister said local communities are also regulating that e-cigarettes are not be sold to minors. They are treating them like any other controlled substance so they must be stored behind the counter in these businesses. There are two standalone e-cigarettes stores in Arlington Heights and most gas stations or stores that sell tobacco products also sell e-cigarettes.

Dr. Kleinman stated that literature from the American Heart Association Circulation Journal strongly recommends that e-cigarettes be regulated in the same way as nicotine products. This report shows evidence of how it can be as harmful as second hand vapor. The literature stated that “just because it isn’t proven harmful, doesn’t mean it is OK.” Their recommendations from a Public Health Policy are to air on the side of caution instead of waiting until people are possibly harmed from e-cigarettes. This article can be reviewed at <http://m.circ.ahajournals.org/content/129/19/1972.full>

Mr. McCalister stated that the State is considering amending the Smoke Free Illinois Act to prohibit the use of e-cigarettes in public places. The Cook County Department of Public Health (CCDPH) is also considering this for the unincorporated areas of Cook County.

Health Services has not received any public complaints regarding e-cigarettes to date.

Dr. Meservey asked the Board if they think they have enough information to say “we are not going to allow e-cigarettes in Arlington Heights”. Mr. McCalister responded that he spoke to Mary Passaglia, Public Health Officer in Schaumburg. They have done extensive research and shared that the communities amending their Clean Indoor Air Ordinance to prohibit the use of electronic cigarette devises in public places are,

Chicago, Evanston, Carpentersville, and Oak Park. Communities considering amending their Clean Indoor Air Ordinance to prohibit the use of electronic cigarette devices in public places are Schaumburg, Bartlett, Hoffman Estates, and Wilmette. Ms. Passaglia told Mr. McCalister that their Health and Human Services Committee meets in June and they will be discussing e-cigarettes again at that time.

Dr. Kleinman said the healthiest argument to allow e-cigarettes is that it is being used by people who are attempting to quit smoking, but there is no proof or FDA approval that this works.

Dr. Harris stated he was Chair when the Village of Arlington Heights started the process to prohibit smoking in public places in Arlington Heights and there was significant public comment at that time. After discussion, they didn't think there would be the same challenges related to e-cigarettes.

Dr. Laurie stated there is a body of data on the safety of e-cigarettes, but it hasn't seen long term results because they haven't been around very long. He said that there have been studies and the carcinogens and particulate matter in e-cigarettes is the same as regular cigarettes, however the concentration is 400-500 times less. He said the question is if that is dangerous to the public.

A motion was made by Dr. Kleinman that the Village of Arlington Heights impose the same regulations for electronic cigarette devices as conventional cigarettes within the Village boundaries. Dr. Meservey seconded the motion and it was approved by unanimous consent.

VI. Adjournment

With no further business to discuss, a motion was made by Dr. Harris to adjourn at 8:38pm, seconded by Dr. Meservey, and approved by unanimous consent.

The next regular meeting is scheduled for October 15, 2014 in the Commissions Room on the second floor of Village Hall.