



Agenda
Village of Arlington Heights
Board of Health
Commissions Room
Village Hall
September 24, 2018
6:30 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from 6/11/18

IV. REPORTS

V. OLD BUSINESS

- A. Tobacco 21
- B. Gun Control

VI. NEW BUSINESS

- A. C.A.R.E. Update - Community Addiction Recovery Effort

VII. OTHER BUSINESS

VIII. ADJOURNMENT

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Item: Minutes from 6/11/18

Department: hhs

ATTACHMENTS:

Description

June BOH minutes

Type

Minutes

**Village of Arlington Heights
Board of Health
Minutes from June 11, 2018**

I. Call to Order

Chair Laurie called the meeting to order at 6:35pm.

II. Roll Call

Present:

Chair Timothy Laurie, MD
Thomas Harris, DDS
Karen VanLandeghem
Jerome Meservey, MD
Sean Barnett, MD

Also Present:

James McCalister, Health & Human Services Director
Mary Sterrenberg, RN
Cynthia Gines, RN
Nicole Espinoza, Social Services Coordinator

Officer Rick Veenstra, Arlington Heights Police Department
Sgt. Doug Hajek, Arlington Heights Police Department
Bohler Wu, Stevenson High School
Jamie Epstein, Stand Strong Coalition
Carolyn Cerf, American Heart Association
Kris Zerfass, Link Together Coalition
Jorie Ouimet, Link Together Coalition

III. Approval of Minutes

**A MOTION WAS MADE BY DR. MESERVEY TO APPROVE THE MINUTES
AS CORRECTED FROM THE MARCH 7, 2018 MEETING, SECONDED BY
DR. HARRIS AND APPROVED BY UNANIMOUS CONSENT.**

IV. Reports

V. Old Business

VI. New Business

A. Tobacco21

Mr. McCalister explained that Tobacco21 passed the Senate and House and is now awaiting Governor Rauner's approval.

Jorie Oimet, Prevention Specialist Project Lead for Link Together Coalition, introduced herself and explained that they do drug and alcohol prevention in Wheeling Township.

Jamie Epstein, Executive Director of Stand Strong Coalition, introduced herself and explained that she is with Bohler Wu who recently graduated from Stevenson High School who has been working on Tobacco21 for the past year.

Carolyn Cerf, Government Relations Director for the American Heart Association introduced herself and provided literature. She has worked in Springfield to advocate for Tobacco21 to be passed statewide. She shared even if Governor Rauner signs the Bill, the effective date will not be until January 1, 2019. She is advocating to have the bill passed locally sooner to coincide with the start of the school year.

Kris Zerfass, Prevention Specialist for Link Together Coalition who works closely with Jorie introduced herself and said she works with middle and high schools in Wheeling Township.

Sgt. Doug Hajek, Community Services Bureau stated they had a meeting with the Linked Together Coalition and the Chief of Police who support Tobacco21. Officer Rick Veenstra is the school resource officer for 18 schools in Arlington Heights. He said they have had issues with vaping and tobacco use in middle schools.

Ms. Oimet explained some of the handouts. She also shared a letter from District 25 Superintendent Dr. Bein supporting the efforts of Tobacco21 and a letter from District 23 Superintendent Dr. Angelaccio as well. She provided the Illinois Youth Survey of 7,000 high school students, which showed an increase in the number of students who began using e-cigarettes from 2016-2018.

Ms. VanLandeghem asked for an overview of Tobacco21, including penalties. Ms. Cerf said the law will prohibit sales of all tobacco and vaping products with or without nicotine unless the purchaser is over the age of 21. Of the 26 communities that have passed Tobacco21, the vast majority of them, keep whatever penalties that are currently in place for selling to those under 21 years of old. Some communities have done away with penalties, as it is very difficult to enforce. She additionally shared the efficacy of Tobacco21. Evanston and Chicago, the first two cities in Illinois to pass Tobacco21, saw their teen smoking rate plummet by 35%, which includes all tobacco products.

Mr. McCalister asked what the arguments were on why the Governor would not want to approve it. Ms. Cerf responded, “Cost” – it has been highly opposed by the retail industry.

Dr. Meservey stated that research from pediatric literature has shown decreased smoking in youth when the law is present.

Dr. Laurie commented that the key issue is to incentivize retailers not to sell to minors. Since the penalty fees do not match the potential profits they can gain, they

may continue to sell. He points out in order to uphold Tobacco21, the Village of Arlington Heights would need to be able to monitor retailers to make sure they are following the law. Additionally, the penalty for selling to minors would need to be enough to disincentive them. He asked if we have the resources from a city level to monitor our retail shops, screen them, or send undercover operations. Officer Hayek responded that the Police Department does do that with compliance checks.

Dr. Laurie said as a Board they would support the evidence, but the compliance issue is a valued point. Ms. VanLandeghem asked if the Board would recommend that Arlington Heights adopt Tobacco21 regardless of what the State decides. She thought this would be a powerful message and would be consistent with the Board's stance on tobacco and adding vaping. James McCalister said he spoke to the Village Manager who said that his opinion is that Village Board would want to wait to see if the governor signs this bill because it would be more effective statewide.

Officer Hajek stated if Arlington Heights passes the ordinance, the Village of Arlington Heights could create its own specifications relative to possession or compliance issues. If Arlington Heights waits for State approved law, they could not "tailor" the law. The Board discussed compliance and possession. Officer Veenstra said that possession issues do not affect his job because there is already an ordinance to address possession under 18. Police can ticket minors in school with penalties of community service or \$75-\$125.

Ms. VanLandeghem thinks it is more important to focus on the retailers. She points out there are many coalitions that have carefully thought about Tobacco21. She feels the Board needs more time to consider a recommendation relative to changing the penalties for minors.

Jaimie Epstein advocated for the Board to make a recommendation regardless of the outcome in Springfield. She requests the Village Board change the age for electronic smoking devices to 21 and keep remaining penalties for possession. Thus, Arlington Heights would be prepared when/if the State moves forward. Additionally, she requested the Board recommend this prior to the governor's decision.

Dr Laurie asked what steps need to be taken for the Village Board to craft an ordinance. Mr. McCalister explained the time it takes to create an ordinance and the process for approval.

Dr. Meservey moved to support Tobacco21 legislation and encourage the Village Board to pursue a local ordinance in Arlington Heights. Dr. Barnett recommended including language to urge the Arlington Heights Village Board to act in time for the school year.

A MOTION WAS MADE BY DR. HARRIS ... AS TOBACCO PRODUCTS, ELECTRONIC CIGARETTES, AND ALTERNATIVE NICOTINE PRODUCTS ARE A MAJOR PUBLIC HEALTH CONCERN, AND STUDIES HAVE SHOWN THAT INCREASING THE MINIMUM AGE FROM 18 TO 21 FOR SALE AND USE OF THESE PRODUCTS

DRAMATICALLY DECREASES THE USAGE IN THE ADOLESCENT GROUP, THE BOARD OF HEALTH DECLARES IT'S UNANIMOUS SUPPORT OF THE TOBACCO21 INITIATIVE AND ENCOURAGES THE VILLAGE BOARD TO CRAFT AN ORDINANCE ALIGNED WITH THE TOBACCO21 INITIATIVE THAT WOULD COINCIDE WITH THE 2018 SCHOOL YEAR AS PROPOSED LEGISLATION WOULD NOT TAKE EFFECT UNTIL JANUARY, 2019. THIS WAS SECONDED BY DR. MESERVEY AND APPROVED BY UNANIMOUS CONSENT.

B. Community Health Nurse Update

Mr. McCalister introduced Cynthia Gines, RN the new Community Health Nurse in Health & Human Services. Cynthia comes with a broad background including surgical and medical ICU and more recently a family clinic serving the needs of all ages and diagnoses. Cynthia is bilingual in English and Spanish.

C. Gun Control

Mr. McCalister shared the draft letter prepared by Dr. Laurie on gun control. Ms. VanLandeghem asked what role the Board of Health would play in this issue. She added the letter should also include research on the topic. Additionally, she stated support for sending the letter, while encouraging continued discussion on ways the Board could act at a local level.

Mr. McCalister stated he received information from the Illinois Public Health Association (IPHA) stating they are embarking on creating a strategic plan on gun violence and deaths due to firearms. The plan will focus on evidence-based approaches that address the root cause. Public health leaders will be encouraged to collaborate in an effective, non-partisan manner. This process will include bringing aboard a graduate level intern to review existing data, examine trends, and compare literature on the topic. He said the IPHA would share this information and likely provide a report regarding their findings.

Ms. VanLandeghem stated that the letter affirms what the Village is presently doing. She recommended the letter also encourage research and provide specific recommendations for gun control in Arlington Heights.

Dr. Laurie stated reviewing the research could inform local recommended action (i.e. educational programs, improved access to behavioral health, trainings, etc...).

Ms. VanLandeghem suggested the letter outline the Board of Health's priorities while indicating the Board of Health will continue its discussion on local recommendations for the Village Board.

Dr. Laurie felt confident the Board could make a local impact and demonstrate it is committed to this initiative. He concurred the topic should be ongoing.

Ms. Sterrenberg added there is a movement to train the community on preparedness for gun violence through the “stop the bleed” initiative. She attended an IMERT training on “stop the bleed” and felt it was a valuable training.

James McCalister shared that he will meet Dr. Culp of the IPHA on July 16th at VAH. He said he could share the Board’s interest in gun control and suggested a representative from the Board of Health attend that meeting. Dr. Meservey agreed to attend the meeting with Dr. Culp.

Ms. VanLandeghem supported inviting the AH Police to a Board of Health meeting after September to learn what is being done to prevent gun violence in schools. Mr. McCalister said he could ask Chief Mourning if Officer Veenstra could attend the next meeting. The Board supported having Officer Veenstra attend the next meeting.

Dr. Laurie requested a motion to approve the letter with the recommended addendums. VanLandeghem moved to approve the letter with the recommended changes, adding gun control is a priority for the Board of Health and that it will continue to be discussed at upcoming meetings. She also moved to add staff and the recommendation to invite a representative from Police Department to the next meeting.

DR. LAURIE MADE A MOTION TO APPROVE THE LETTER WITH THESE RECOMMENDED CHANGES, SECONDED BY DR. MESERVEY AND APPROVED BY UNANIMOUS CONSENT.

VII. Other Business

James McCalister shared that Nicole Espinoza just returned from Madison, Wisconsin and was certified in Mental Health First Aid, which supports the Police Department’s pledge to the One Mind campaign. The One Mind pledge expresses the Department’s commitment to expand services to residents who are struggling with mental health issues. Just as one does CPR for a physical health crisis, this training outlines what to do in a crisis related to mental health. Two VAH officers will also be trained in August. The intent is to have the course taught by both an officer and a mental health practitioner. All officers will be trained in Mental Health First Aid, with the intent to offer the training to other Village staff in the future.

Mr. McCalister shared that the Health & Human Services Department now has two staff members fluent in Spanish. Nicole Espinoza and Cynthia Gines visited the Backstretch at Arlington Park. Ms. Espinoza said she met with the RICF Social Worker, Cesar Madrigal and they are exploring ways to partner and reduce gaps in services through the Counseling Subsidy Program. Individuals and families live at the AH Backstretch April through October and then typically move to Hawthorne, which is in Cicero. Ms. Espinoza formerly worked at the Cicero Health Department and shared ways to connect this population with services in Cicero as well.

Ms. Sterrenberg said that in the meeting with the racetrack, they mentioned a need for a pediatrician. Ms. Espinoza indicated present needs include a pediatrician, podiatrist, mammograms, therapist for children/adolescents, and domestic violence services. Ms. Espinoza indicates there are 200-300 children that live at the backstretch. Ms. VanLandeghem asked where the children go to school. Ms. Espinoza states they are bussed to Cicero. The children start and end the school year in Arlington Heights, but a decision was made that they attend Cicero schools. Dr. Meservey asked where they get their medical care. Ms. Espinoza indicates they have a clinic, along with a Nurse, Case Manager, and Social Worker. The clinic is in the backstretch in the RICF building. A Health Fair is scheduled for Monday, June 18th.

Ms. VanLandeghem asked for a quick update on the opioid crisis. Mr. McCalister responded that the CARE Program partners met in May. Positive progress was made and the program is moving forward. They are planning to roll out a soft opening sometime in July. Ms. VanLandeghem asked if there have been any discussions of creating a permanent opioid return bin. Mr. McCalister said he talked to the Police Chief and the new Police Station will have a drop box in the lobby. Mr. McCalister stated that Ms. Sterrenberg and Ms. Espinoza have done a great job on the task force. The task force includes the Police department, Fire department, Omni, Live4Loli, and Northwest Community Hospital-Linden Oaks.

VIII. Adjournment

WITH NO FURTHER BUSINESS TO DISCUSS, A MOTION WAS MADE BY MS. VANLANDEGHEM TO ADJOURN THE MEETING AT 8:30PM, SECONDED BY MESERVEY AND APPROVED BY UNANIMOUS CONSENT.

The next regular meeting is Monday, September 24, 2018 at 6:30pm in the Commissions Room.