



Agenda  
Village of Arlington Heights  
Board of Health  
Health Services Conference Room

June 25, 2019  
6:30 PM

**I. CALL TO ORDER**

**II. ROLL CALL**

**III. APPROVAL OF MINUTES**

- A. Minutes from April 1, 2019

**IV. REPORTS**

- A. Community Health Nurse Update

**V. OLD BUSINESS**

- A. Gun Control
- B. Community Addiction and Recovery Effort (CARE)

**VI. NEW BUSINESS**

- A. Recreational Marijuana

**VII. OTHER BUSINESS**

- A. Health & Human Services Strategic Report 2019
- B. Nursing Update

**VIII. ADJOURNMENT**

Persons with disabilities requiring auxiliary aids or services, such as an American Sign Language interpreter or written materials in accessible formats, should contact David Robb, Disability Services Coordinator, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, (847)368-5793 (Voice), (847)368-5980 (Fax) or drobb@vah.com.



**Board of Health  
6/25/2019**

**Item:** Minutes from April 1, 2019

**Department:** Health & Human Services

**ATTACHMENTS:**

**Description**

Minutes from April 1, 2019

**Type**

Minutes



**Village of Arlington Heights  
Board of Health  
Minutes from April 1, 2019**

**I. Call to Order**

Acting Chair Meservey called the meeting to order at 6:40pm.

**II. Roll Call**

**Present:**

Acting Chair Jerome Meservey, MD  
Thomas Harris, DDS  
Karen VanLandeghem  
Sean Barnett, MD

**Also Present:**

James McCalister, Health & Human Services Director  
Mary Sterrenberg, RN  
Melissa Cayer, Arlington Heights Resident

**III. Approval of Minutes**

**A MOTION WAS MADE BY DR. BARNETT TO APPROVE THE MINUTES  
FROM THE SEPTEMBER 24, 2018 MEETING, SECONDED BY DR. HARRIS  
AND APPROVED BY UNANIMOUS CONSENT.**

**IV. Reports**

**A. Director of Health & Human Services Update**

Mr. McCalister announced changes with staffing including the newly hired Administrative Assistant and open position to replace the part-time Community Health Nurse.

Mr. McCalister presented the Community Needs Assessment authored by Nicole Espinoza, Social Services Coordinator in the Health & Human Services department and reviewed significant changes to Social Services.

Mr. McCalister reviewed the three areas of mental health services, therapeutic interventions, crisis interventions, and counseling and resource referral.

He discussed ways the department was looking to expand subsidy programs to cover more areas. Therapeutic and crisis interventions are new because the department has a licensed clinical social worker.

He said counseling organizations were added to increase options for people meeting the criteria. Dr. Meservey asked if Ms. Espinoza is available 24 hours a day. After discussion, Mr. McCalister explained that she is available during business hours but can be called during off hours for emergencies, which are found to only be 2% of calls. Ms. VanLandeghem asked if Ms. Espinoza's assistance was only needed at the jail. Mr. McCalister explained when police are in the field and they need an assessment of the situation they will contact Ms. Espinoza. Mr. McCalister said that people have been sent to the hospital both involuntarily and voluntarily, which often requires a licensed clinical social worker to make the decision.

Mr. McCalister said the internship program for Social Services is new to the department. Social Services has had two interns and currently the second intern is on staff through May 3, 2019. Mr. McCalister identified that the department has added bilingual staff to assist with the Spanish speaking population. The Master of Social Work internship program requires 600 hours of unpaid time and has benefits to the community as proven with preparation of the Community Needs Assessment.

Mr. McCalister said in 2018 the department assisted 633 people with financial health services. Park Scholarships are determined on a sliding scale offering a discount at park facilities for programs enrolled at the park districts. Rental Assistance is a big need in the community to help prevent homelessness. The Rental Housing Assistance Program (RHAP) and Salvation Army are other programs Social Services offers. The CAP Scholarship is another Park District program offering after school care. Dr. Meservey asked where the funding comes from to support these programs. Mr. McCalister said the Village covers \$40,000 per year for emergency assistance in the community. After the \$40,000 is used, the remainder funding is provided by donations. Arlington Cares is the Not-For-Profit Organization of the Year 2018 and donated \$20,000 to funding these programs. Anonymous donors also donate funds to the programs. Mr. McCalister said other programs include Nicor Share and Access to Care.

Mr. McCalister said another area Ms. Espinoza made changes was to the overnight shelter and emergency transportation programs. When someone is in crisis within our community and needs shelter, transportation can be a challenge. Through a partnership with All Star Cab, funding is provided to transport people to a hotel or motel paid for through the Emergency Assistance Program.

Mr. McCalister said Ms. Espinoza performed community outreach by going out to meet and greet different agencies within the community. The newly added Resource Hour at the Arlington Heights Memorial Library is once a month, giving residents a chance to ask questions about any of the Social

Services offered by the Village of Arlington Heights. Ms. Sterrenberg also provides blood pressure readings at the Library. Dr. Meservey asked if the Resource Hour is advertised. Mr. McCalister said the Library includes the information in their newsletter.

Mr. McCalister said the outreach to the Backstretch is another area the department is exploring and seeking ways to expand services. Dr. Meservey said he did not see the medical component of the Backstretch. Ms. Sterrenberg said she has met with the nurse in their clinic, but the nurse cancelled meetings on a couple of occasions. After some discussion, Mr. McCalister said the Backstretch is only open during the Race Track season.

Mr. McCalister said Ms. Espinoza was certified in Mental Health First Aid Training. She is collaborating with Police and Fire Departments to provide all Mental Health First Aid training.

Mr. McCalister discussed the problem with psychiatric care and that there is a 2 year wait list for care. Expanded use of funds to cover psychiatric care and medically assisted treatment is of focus within Ms. Espinoza's report. Ms. VanLandeghem validated that the data issued in the report is consistent with national data related to children, after teen pregnancy, that the most common reason for hospitalizations is mood disorders. Mr. McCalister inquired about why is there a high volume of hospitalizations related to mood disorders in children. Ms. VanLandeghem stated the access to care issues can contribute, but she did not indicate a cause. Ms. Sterrenberg states the age range she has seen is 9 – 16 years old. Ms. VanLandeghem said some of it is related to better screening by providers.

Mr. McCalister said David Robb, the Disability Service Coordinator, Ms. Espinoza and he went to Journey's PADS, a homeless resource agency on the border of Arlington Heights and Palatine. He said 7 of the 25 PADS sights are located in our community. Mr. McCalister said everyday but Friday and Saturday, a person can stay within Arlington Heights at a PADS facility. Church support in the community assists the homeless with meals. Ms. VanLandeghem asked if Journey's would be building their own shelter. Mr. McCalister said a newspaper reported that Journey's received approval, but the build is dependent upon funding.

### **Illinois Public Health Association (IPHA) Week in Review**

1. Mr. McCalister included updates from IPHA. Tobacco 21 was approved by the House and Senate, and is now with Governor Pritzker waiting for approval.
2. He also said another House Bill 3178 is in review, which would allow under 21 years of age licensure to obtain tobacco products if defined education is completed. Governor Pritzker proposed placing a tax on e-cigarettes in addition to sports betting which could generate \$220 million dollars for State Services.

3. Mr. McCalister shared that SB 7 is to legalize recreational marijuana and that it is going to the Senate Executive Committee this week with an estimated \$100 million in revenue for the State.
4. Mr. McCalister said increasing mental health support was also a topic in the update.

## **B. Nursing Services Update**

Ms. Sterrenberg said support staff is available to help cover the open part-time Community Health Nurse position until a replacement is found.

Ms. Sterrenberg shared that April 11<sup>th</sup> the Disability Commission is hosting a FEMA presentation.

Ms. Sterrenberg said she is attending the Arlington Heights Memorial Library Teen Panel where teens can ask the nurse questions.

She said that the Village Blood Drive is scheduled May 1, 2019 from 8:00am to 2:00pm. The Saturday Cholesterol Screening was canceled due to facility water issues and damage. Nursing Services is looking at a pilot program where we would promote a health related topic every month.

## **V. Old Business**

Mr. McCalister asked if the Board would like a representative from the Police Department to discuss gun violence at the next meeting. Dr. Barnett said from a Mental Health Services perspective, the Board would be able to have a discussion. Mr. McCalister said at a prior meeting, Dr. Laurie drafted a letter regarding gun safety as a public health issue showing support to the initiative. Ms. VanLandeghem suggested inviting a Police Official to the next meeting and Dr. Meservey agreed.

Ms. VanLandeghem asked about the Opioid Issue and the CARE program, and wanted to raise the topic for an update. Mr. McCalister said the CARE program is currently in the initial phases and he will invite the Social Services Coordinator to the next meeting to provide an update.

Mr. McCalister said the Point of Distribution (POD) Exercise at the Racetrack is expected in the Fall. The Board will discuss the date at the next meeting.

## **VI. New Business**

Dr. Meservey raised the discussion about SB 7 to legalize recreational marijuana going to the Senate Executive Committee this week with a proposed \$100 million in revenue for the State. Dr. Barnett said a large amount of money will be spent treating other issues related to marijuana use. Mr. McCalister said if the bill gets passed, the Board will need to discuss and review the impact to health in our community. Dr. Meservey stated to hold on further discussions related to this topic.

## **VII. Other Business**

Mr. McCalister said every other year Village departments write a Strategic Report and present the report to the Village Board, which includes an overview of the department and key initiatives taking place. Mr. McCalister will review the report at the next meeting.

Mr. McCalister shared that Dr. Fahey passed away. He was involved with the past tobacco initiatives that the Board worked on.

## **VIII. Adjournment**

**WITH NO FURTHER BUSINESS TO DISCUSS, A MOTION WAS MADE BY MS. VANLANDEGHEM TO ADJOURN THE MEETING AT 7:45PM, SECONDED BY DR. HARRIS AND APPROVED BY UNANIMOUS CONSENT.**

The next meeting is scheduled for Monday, June 25, 2019 at 6:30pm in the Health & Human Services Conference Room.