



Agenda
Village of Arlington Heights
Board of Health
Commissions Room

Arlington Heights Village Hall
33 S. Arlington Heights Road
Arlington Heights, IL 60005
May 18, 2016
7:30 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from 11/5/15

IV. REPORTS

- A. Health Services update
- B. Nursing Services update

V. OLD BUSINESS

VI. NEW BUSINESS

VII. OTHER BUSINESS

VIII. ADJOURNMENT

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Item: Minutes from 11/5/15

Department: hs

ATTACHMENTS:

Description	Type
November BOH minutes	Minutes

**Village of Arlington Heights
Board of Health
Minutes from November 5, 2015**

I. Call to Order

Chair Meservey called the meeting to order at 7:40pm.

II. Roll Call

Present:

Yota Kleinman, MD

Jerome Meservey, MD

Thomas Harris, DDS

Karen VanLandeghem

Absent:

Timothy Laurie, MD

Also Present:

James McCalister, Director of Building & Health Services

Cathy Meersman, RN

Mary Sterrenberg, RN

III. Approval of Minutes

A motion was made by Dr. Kleinman to approve the minutes of the May 20, 2015 meeting, seconded by Dr. Harris and approved by unanimous consent.

IV. Reports

a. Director of Building & Health Services Update

Mr. McCalister explained that the information he had to share would be broken into State, County, and Village.

State:

Included in the packet was the form submitted to the IDPH regarding hand sinks being required in exam rooms. This was approved by the Village's Legal Department and the Village Manager before submittal.

County:

Mr. McCalister shared that he will continue for another two year term on the Cook County Department of Public Health (CCDPH) Community Health Advisory Council. He was also asked to participate on the 20/20 WePlan Steering Committee, to develop a community health strategic plan to improve the health status of suburban communities over the next 5 years.

Information regarding the We PLAN 2020 was distributed that showed that the Cook County's Local Public Health System Assessment revealed a number of key areas of excellence for the public health system, including strong health assessment, monitoring, and surveillance, and robust emergency preparedness and response. Major areas for improvement identified through the assessment included addressing duplication of effort, improving coordination of assessment, planning, and

implementation activities, and increasing communication with policymakers and the public on the importance of addressing the social determinants of health to achieve health equity.

Ms. VanLandeghem stated that she works on the National level and health equity is a priority out of the US Department of Health and Human Services. Research shows that your zip code will make a difference as to whether you will have a longer life than someone else. There are a lot of investments going into initiatives about whole health – not only public health, but are there parks nearby so people can walk, etc.

Healthy HotSpot Initiative information was distributed – HealthyHotSpot.org. The Health Hot Spot initiative, led by the CCDPH, aims to build healthy places, called Healthy Hot Spots, in suburban Cook County through community partnerships. Areas of interest by community can be researched on the internet by categories: healthy eating, active living, tobacco free living, a prepared Cook County.

Ms. VanLandeghem asked how this information can get out to residents and Mr. McCalister responded that it was mentioned at the last meeting that municipalities/towns need to “like” the County site so it can be accessed through each community’s web site or communities can have this link on their web site.

Arlington Heights:

Mr. McCalister said that Health Services staff has been busy with the Single-Family Solid Waste Contract. The Village Board asked that an RFP be created for refuse service since it had been 14 years since the Village went to bid. The RFP asks for pricing for once a week collection, twice a week collection, and once a week with an option for twice a week collection. The current contract ends March 31, 2016.

He explained that there are upgrades being made to our Emergency Operation Center i.e. technology. National Incident Management Systems (NIMS) Training is required of all upper management. In an emergency there is a chain of command, the Federal government, the State government, and then what is expected of local government. The CCDPH provided the Village with directional signs to be used in a Pharmaceutical Distribution emergency. Mr. Robb met with a representative from the Arlington Park Racecourse to drop off one half of the signs so in an emergency, so they will have signs on location.

Transitional Care on north Arlington Heights Road and Autumn Leaves on south Arlington Heights Road both opened up recently. He also mentioned that Arlington One, a luxury apartment building, on Euclid Avenue opened and they hope to start breaking ground in the spring on the Sheraton Hotel, which will be next to Arlington One. The water park will also be reopened and expanded when the Sheraton is completed. Arlington Lexus also opened and is the biggest Lexus dealership in the country.

b. Nursing Services Report

Ms. Sterrenberg said Nursing Services has been busy and the Arlington Heights Chamber has formed a health and wellness committee. Under the direction of Lindy Carmendella they started a 12 week Health Awakening program where you attend a weekly session that covers nutrition, thi chi, Pilates, Zumba and a variety of other topics. Nursing Services assisted with the opening day by offering resting heart rate,

blood pressure, o2, and weights and returned for the last session for a boot camp at Camelot Park.

Immunization Clinic – Ms. Sterrenberg stated that Cook County closed all of their immunization clinics and many of the pediatricians and family practice doctors who accept Managed Care chose not to provide VFC vaccines. This has impacted our Immunization Clinic. The Adult Immunization Clinic is offered once a month during the regular Wellness Clinics by appointment only, which has been busy because of the mandate that all day care workers or anyone who works in schools must have proof of MMR or Tdap.

Flu Shots – Two Flu Shot Clinics were offered at the Senior Center, over 120 employees received vaccines at the annual Brats & Shots and 129 family members received a flu shot at our Employee Flu Shot Clinic. Flu shots are still available to the public at our weekly Wellness Clinics.

Vision & Hearing starts later this month at Our Lady of the Wayside.

V. **Old Business**

VI. **New Business**

VII. **Other Business**

VIII. **Adjournment**

With no further business to discuss, a motion was made by Dr. Harris to adjourn at 8:25pm, seconded by Dr. Kleinman, and approved by unanimous consent.

The next regular meeting is scheduled for May 18, 2016 in the Commissions Room on the second floor of Village Hall.