



Agenda  
Village of Arlington Heights  
Senior Citizens' Commission  
Waverly Inn Memory Care  
515 W. Rand Rd., Arlington Heights, IL 60004  
November 19, 2018  
7:00 PM

**I. CALL TO ORDER**

**II. ROLL CALL**

**III. APPROVAL OF MINUTES**

- A. Minutes from 9/17/18

**IV. REPORTS**

- A. Chairperson
- B. Senior Center Manager
- C. Senior Impact Reports
  - 1. Not for Profit Corporation
  - 2. Senior Center Advisory Council
  - 3. Legislation
  - 4. Age Friendly Community Certification

**V. OLD BUSINESS**

- A. Kenneth Hood Senior Service Award

**VI. NEW BUSINESS**

**VII. OTHER BUSINESS**

- A. Announcements/Correspondence

**VIII. ADJOURNMENT**

Persons with disabilities requiring auxiliary aids or services, such as an American Sign Language interpreter or written materials in accessible formats, should contact David Robb, Disability Services Coordinator, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, (847)368-5793 (Voice), (847)368-5980 (Fax) or drobb@vah.com.



**Item:** Minutes from 9/17/18

**Department:** hhs

Minutes from 9/17/18

**ATTACHMENTS:**

| <b>Description</b>   | <b>Type</b> |
|----------------------|-------------|
| September SC minutes | Minutes     |

**Village of Arlington Heights  
Senior Citizens' Commission  
Minutes from September 17, 2018**

**I. CALL TO ORDER**

Lisa Vandermark, Executive Director and Marie Lanza, Director of Sales and Marketing welcomed the Commissioners to the Moorings at 7:00pm. Mary Tremont provided a tour of the Highlands at the Moorings. Chairperson Feldman called the meeting to order at approximately 7:25pm, following the tour.

**II. ROLL CALL**

**Present:** Chairperson Fred Feldman, John Eggum, Dottie Hardy, Dr. George Motto, Kristyn Ramsey, Maureen Seleski, George Weber and Tem Williams.

**Also Present:** Karen Hansen, Commission Liaison

**III. APPROVAL OF MINUTES**

**COMMISSIONER HARDY MOVED TO APPROVE THE MINUTES OF THE JULY 16, 2018 COMMISSION MEETING, SECONDED BY COMMISSIONER RAMSEY. ALL CONCURRED.**

**IV. REPORTS**

**A. Chairperson**

**B. Senior Center Manager**

The Senior Center Manager introduced the CAPABLE (Community Aging in Place Advancing Better Living for Elders). She reported that she had attended the “launch” meeting in Mount Prospect on September 12. The program, modeled after one developed by Johns Hopkins University, will coordinate the services of an occupational therapist, nurse, and handyman to assist with a person’s challenges in the home. The program will be operated by Northwest Housing Partnership.

**C. Senior Impact Reports**

**1. Not for Profit Corporation**

Arlington Heights Senior Center, Inc. had completed their golf outing in July. Their Senior Services Expo would be held on Thursday, September 27 from 8:30am to 12:00pm at the Senior Center.

**2. Senior Center Advisory Council**

**3. Legislation**

Chairperson Feldman reported on HB4309m the Frail Individual Family Visitation Protection Act-authorizes a court to order a family caregiver to permit a family member to visit with a frail-elderly individual if the family caregiver has unreasonably prevented visitation. The court may not order the visitation if the frail-elderly has the capacity to evaluate and communicate decisions regarding visitation and does not want the visitation or if it is not in the best interest of the frail-elderly person. (Effective January 1, 2019)

**4. Age Friendly Community Certification**

Commissioner Motto reported that the committee was “on hiatus.” He reported that Alisa Kapusinski had moved to Hoffman Estates Park District and expressed sadness at losing her on this committee. He noted that three entities (Village, Park District, and Northwest Community Hospital) had volunteered to get their various surveys to him.

Lynndah Lahey would join the committee. Commissioner Motto met with Officer Mills in Buffalo Grove and was impressed with the Safer Buffalo Grove TRIAD program. There was a telephone reassurance program operated by their Police and Fire Department. The Senior Center Manager and Commissioner Seleski pointed out that there had been one operated by Northwest Community Healthcare up until about 2011.

Commissioner Motto noted that Lutheran Life Communities had initiated a Senior Coalition. Linda Smith, Admissions Director was in charge. The next meeting would be October 10 at 8:00am at the Lutheran Home.

Dr. Motto also spoke briefly about Cool Cities.

**V. OLD BUSINESS**

**A. Kenneth Hood Senior Service Award**

Commissioner Weber reported that the success of this past award was due to the candidate. He suggested that the rules (guidelines) be rewritten. Chairperson Feldman read a thank-you note from Kathy Kasproicz, 2018 recipient of the Kenneth Hood Senior Service Award.

Karen Hansen noted that Ms. Kasproicz had introduced a new idea, a “buddy/advocate” for persons being discharged from the hospital, operated by retired nurses. Commissioner Motto noted that Kathy could be the chairperson of that task force.

## **VI. NEW BUSINESS**

Commissioner Williams reported on the Intriguing Intergenerational Immersion Program, designed to provide a seniors “speakers bureau” who have an area of expertise that they are willing to share at a District 25 school. Besides Commissioner Williams, the Senior Center’s Program Coordinator, Karie Van Grinsven is working on this with Dist. 25 Superintendent, Dr. Lori Bein. The first program will be on Tuesday, January 29, 2019.

Approximately 15 seniors went “back to high school,” getting on a bus and going to Hersey High School. The program was very well received.

## **VII. OTHER BUSINESS**

Commissioner Weber suggested everyone take a look at his or her Medicare D coverage during Medicare’s Open Enrollment program, adding that Medicare D should be looked at every year, as there was the potential to save a lot of money.

Commissioner Williams reported that the (warm water) pool is being built at Olympic.

## **VIII. ADJOURNMENT**

**COMMISSIONER SELESKI SECONDED BY COMMISSIONER RAMSEY  
MOVED TO ADJOURN AT 8:15 P.M. ALL CONCURRED.**



Agenda  
Village of Arlington Heights  
Senior Citizens' Commission  
Senior Center  
Age Friendly Community Certification Committee  
November 19, 2018  
10:00 AM

**I. CALL TO ORDER**

**II. ROLL CALL**

**III. APPROVAL OF MINUTES**

- A. Minutes from 10/08/18

**IV. REPORTS**

**V. OLD BUSINESS**

- A. Leadership of Eight Domains
- B. Survey Discussion
- C. Next Steps

**VI. NEW BUSINESS**

**VII. OTHER BUSINESS**

**VIII. ADJOURNMENT**

Persons with disabilities requiring auxiliary aids or services, such as an American Sign Language interpreter or written materials in accessible formats, should contact David Robb, Disability Services Coordinator, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, (847)368-5793 (Voice), (847)368-5980 (Fax) or drobb@vah.com.



**Item:** Minutes from 10/08/18

**Department:** hhs

Minutes from 10/08/18

**ATTACHMENTS:**

| <b>Description</b>       | <b>Type</b> |
|--------------------------|-------------|
| October SC AFCCC minutes | Minutes     |

**Village of Arlington Heights  
Senior Citizens Commission  
Age Friendly Community Certification Committee Minutes  
Monday, October 8, 2019**

**I. CALL TO ORDER**

Dr. Motto called the meeting to order at 10:00am.

**II. ROLL CALL**

Committee Chairperson George Motto, Commission Chairperson Fred Feldman, Commissioner Dottie Hardy, James McCalister, Health & Human Services Department; Nora Boyer, Planning Department; Karen Baker, Northwest Community Hospital, Lynndah Lahey, Wheeling Township; Cynthia Gines, Health & Human Services Department; Mary Sterrenberg, Health & Human Services Department; Bruce Cruz, Arlington Heights Senior Center Advisory Council Karen Hansen, Senior Center Manager.

**III. APPROVAL OF MINUTES**

Dr. Motto pronounced the minutes of the July 9, 2018 as done well.

**IV. REPORTS**

Dr. Motto shared his perspective that we have to better coordinate the work already done Previous surveys by various entities are wonderful, but their results need to be coordinated. He suggested looking at the AARP website and reviewing the purpose and then developing our own action plan.

**V. OLD BUSINESS**

**A. Leadership of Eight Domains**

Lynndah Lahey suggested that to gain a better snapshot of where we are: she clarified that Commissioner Motto was seeking what was currently available and how to benchmark where we were. Dr. Motto responded “yes to the benchmark as discussed by the Senior Center report.” (State of the Network by My Senior Center). This report demonstrated the market share of what percent use the Senior Center for: exercise; for food. Dr. Motto noted that the distance to the Senior Center was a determinant of how seniors use the Senior Center. He suggested that what bubbled up was a need for more senior services

Karen Baker asked how Northwest Community Healthcare could help achieve these objectives. She reported on the Mobile Integrated Health System and the way visitors could reach shut-ins.

There was a brief discussion about the Lutheran Life Communities (Lutheran Homes) upcoming meeting on Wednesday, October 8.

Lynndah Lahey pointed to how comprehensive the Northwest Community Healthcare Senior Resources Guide was. Karen Baker noted that document existed as a PDF on their website.

Bruce Cruz suggested the Senior Services Directory be placed as a PDF on the VAH website and was advised that the document could not go on as a PDF. Dr. Motto suggested a communication group who could work with Northwest Community Healthcare. He also referenced the Village's website program "Arlington at Work."

Lynndah Lahey asked what the Township could do. The answer given was "better communicate." Lynndah noted from her perspective the lack of affordable housing was the biggest issue for seniors.

Karen Baker noted that the NCH survey had indicated food insecurity was an issue for seniors. As a result, every new patient was asked if they have food or food in the home and was given a resource list.

Mary Sterrenberg asked if we have housing statistics? The answer was given as "no."

Dr. Motto spoke on the importance of an action plan. He suggested keeping an overview perspective on long-term goals. He indicated that the question was how to accomplish short-term goals. The purpose of the group would not be redundant, but rather have an overview or umbrella perspective.

Mary Sterrenberg spoke about the need to be a collaborative effort. Dr. Motto noted that the effort should not to be duplicate, but rather coordinate resources.

Nora Boyer suggested that Chicago Area Metropolitan Agency for Planning was offering annual grants. These were due October 26<sup>th</sup>. She noted that one of the "beauties" of the CMAP technical assistance project grant was that CMAP can pull together the documents and can do projections.

Lynndah Lahey offered to head the transportation domain.

Mary Sterrenberg offered to head the Medical domain.

Senior Center social participation and communication Bruce Cruz.

Karen Hansen pointed out that Bruce Cruz had previously offered to head up the Communications domain.

Karen Hansen noted that Alisa Kapusinski of the Arlington Heights Park District had previously volunteered to head the Outdoor Spaces and that the Park District may still be interested in that domain.

James noted that the Village could ask.

Dr. Motto noted that this was one more thing we can improve.

Dottie Hardy expressed that it was important to compare where we are now.

Lynddah Lahey suggested surveying where we are at and then do the focus groups.

**B. Survey Discussion**

Dr. Motto asked if we could project where we are going and what's available to fill in the holes.

**C. Next Steps**

Dr. Motto asked that the Maturing of American be scanned and sent to the members.

The next meeting would be November 19.

**VI. NEW BUSINESS**

Dr. Motto expressed his interest in not seeing the siloing between groups. He noted concern about budgetary restrictions. He acknowledged siloing does occur, leading to the "here we go again" perspective. Help is needed to determine where the siloing is.

Lynndah suggested reaching out to Hands on Suburban Chicago.

**VII. OTHER BUSINESS**

**VIII. ADJOURNMENT**

The meeting adjourned by acclaim at approximately 11:35 am.