



Agenda
Village of Arlington Heights
Senior Citizens' Commission
Commissions Room
33 S. Arlington Heights Rd., Arlington Heights, IL 60005
October 17, 2016
7:00 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from 9/19/16

IV. REPORTS

- A. Chairperson
- B. Senior Center Manager
- C. Senior Impact Reports
 - 1. Not for Profit Corporation
 - 2. Senior Center Advisory Council
 - 3. Legislation

V. OLD BUSINESS

- A. Goal Setting

VI. NEW BUSINESS

VII. OTHER BUSINESS

- A. Announcements/Correspondence
- B. Next Meeting

VIII. ADJOURNMENT

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Item: Minutes from 9/19/16

Department: hs

ATTACHMENTS:

Description

Sept SC minutes

Type

Minutes

**Village of Arlington Heights
Senior Citizens' Commission
Minutes from September 19, 2016**

I. CALL TO ORDER

II. ROLL CALL

Present: Chairperson Sharon Foss, Erwin Campbell, Fred Feldman, Ruta Freimanis, Dottie Hardy, Dr. George Motto, George Weber and Tem Williams

Absent: Sharon Adams and Maureen Seleski

Also Present: Karen Hansen, Commission Liaison

III. APPROVAL OF MINUTES

**COMMISSIONER HARDY, SECONDED BY COMMISSIONER FELDMAN,
MOVED TO APPROVE THE MINUTES OF MONDAY, JULY 18, 2016. ALL
CONCURRED.**

IV. REPORTS

A. Chairperson

Chairperson Foss read a thank you note from Maureen Seleski thanking Commissioner Weber and the rest of the commission and staff for their efforts with the recognition of Ms. Seleski as the 2016 Kenneth Hood Award recipient.

Chairperson Foss reported that more than a month ago, Karen Hansen had advised her of the Illinois Department on Aging (IDOA). She stated her plans to go through and compare the IDOA Plan of Action to the Village's community comprehensive plan. Commissioner Feldman inquired if there was an executive summary of the IDOA plan. Chairperson Foss indicated that there was not.

B. Senior Center Manager

The Senior Center Manager provided an update: the Speed Dating 100 had roughly 100 attend the movie and registration would open the following day, and outlined how the Speed Dating program would operate. The Senior Center's budget and the commission's budget had been turned in. While working on the budget, she looked at a few statistics. From January 1, 2016 to August 31, 2016 (94,200) we have seen an additional 12,160 patrons over the same eight month time period in 2015 (82,0540). The "snapshot" of our clients has changed somewhat. Example: Park District numbers have decreased by 1847 from 2014 to 2015. Their clients represent the most self sufficient in the Senior Center, being fit, mobile and relatively financially secure. In contrast Catholic Charities clients

increased by 1911 from 2014 to 2015. This group represents the most in need of the services of the Senior Center. We are open and producing programs 51 hours per week. The Senior Center is scheduling, tracking and orchestrating about 4880 different room set ups each year.

The three leadership groups at the Senior Center have shifted focus somewhat, as well. For example, the Senior Citizens Commission has added highly desirable and worthy programs over the years such as the Kenneth Hood Senior Service Award, and are seeking to pursue participation in City Livability and AARP's Age Friendly Communities Certification. Arlington Heights Senior Center, Inc. board is no longer mostly composed of retirees, and this creates more reliance upon Senior Center staff for help with their fundraisers such as the Senior Housing and Services Fair. The Advisory Council's role is to promote the Senior Center and they look see new programs added on each year. Last year we added a new dance program. This year we've added a Variety Show and a new grant funded musical performance program.

C. Senior Impact Reports

- 1. Not for Profit Corporation** No report
- 2. Senior Center Advisory Council**

Commissioner Campbell reported that the Senior Center's Advisory Council met on September 6th. He noted the good feedback that had been provided on the Senior Health Insurance Program (SHIP). He reported that Escorted Transportation Service Northwest had celebrated its 10th anniversary. He covered suggestion box suggestions. He reported on programs such as the ice cream social, Reunion Jazz Orchestra concert, the brat cookout, the first variety show on October 27th, the change in venue for the December 2nd holiday party to the Atlantis due to price point, an early New Year's Eve afternoon celebration on December 30th, and the Speed Dating program. He noted that September 15th Senior Celebration at the Race Track had an outstanding attendance.

3. Legislation

Commissioner Feldman reported that HB 4351, Continuation of the Illinois Community Care Program had been vetoed on July 29th.

The Illinois Employee Sick Leave Act (Public Act 99-0841) goes into effect on January 1, 2017.

The veto session will commence on November 15th and run for five days in November.

As far as Congress is concerned, nothing was happening with any of the bills that Commissioner Feldman had reported upon previously.

V. OLD BUSINESS

A. Goal Setting

Chairperson Foss noted that Commissioner Seleski had provided two articles from the newspaper, an ad for Catholic Charities' lunch program at the Senior Center and an article that referenced pairing a senior with a handyman. The Senior Center Manager reported there had been an immediate uptick in the number. She noted that Catholic Charities had restored an additional half hour of serving time upon her request.

Chairperson Foss noted that the second article was on CAPABLE Community Aging in Place Advancing Better Living for Elders. Chairperson Foss indicated that Commissioner Seleski wanted to ask Dr. Motto if this was in the ballpark of what he has been talking about and if he would like to spearhead a committee to look at the feasibility of creating a hybrid program employing our Village nurses, our current handyman program, and possible physical therapists from Northwest Community Hospital. Commissioner Seleski indicated that she'd be willing to work on that committee. Chairperson Foss noted having spoken about the Illinois Department on Aging Plan and the Executive Summary for the Village's plan. She suggested that if we look at those two plans and the CAPABLE Plan, that the Commission may be able to come up with something that would work well with Dr. Motto's other groups, such as the Arlington Heights Health Action Alliance, and the groups that Nora Boyer, Planning Department, were involved in. Commissioner Hardy noted that the woodshop participants should be involved. Dr. Motto noted that AHHA was interested in sustainability. He stated it was important to work with the resources available. Chairperson Foss requested a show of hands of those willing to work on this. Commissioner Williams noted that the program that paints houses be part of this program. Karen Hansen reported that the Paint-A-Thon had painted 25 houses this past weekend. Commissioner Hardy asked about insurance to cover volunteers. Chairperson Foss indicated that the Commission would have to go through the legal department. Karen Hansen noted that Northwest Suburban Housing Partnership had a Handy Man Program (that includes Arlington Heights residents over age 65). Another resource available is the Wheeling Township Handy Man referral list.

Those interested in serving on this committee include Commissioners Motto, Freimanis, Weber, Campbell, Feldman, Williams, and Hardy. Chairperson Foss suggested Dr. Motto call Commissioner Seleski and let her know he was interested in working with her on this.

Dr. Motto talked briefly about how home modifications, as opposed to home repairs, could help seniors.

B. Kenneth Hood Senior Service Award Wrap Up

Commissioner Weber reported on the "big success" of the 2016 Hood Award. He reported that there were four excellent candidates, and it gave suggestions for future candidates. Chairperson Foss asked how commissioners felt about having the celebration in August instead of October. The consensus was that this had worked well.

VI. NEW BUSINESS None

VII. OTHER BUSINESS

A. Announcements

The Senior Center Manager reported that Escorted Transportation Service Northwest had three new staff: newly appointed Executive Director Ann Blanchard; newly appointed Associate Director, Anne Wall; and Vicki Schlomann, Program Coordinator.

Commissioner Hardy reported she'd be absent for the October 17th meeting.

B. Correspondence None

VIII. ADJOURNMENT

COMMISSIONER WEBER MOVED TO ADJOURN AT 7:50 P.M., SECONDED BY COMMISSIONER FELDMAN. ALL CONCURRED.