



Agenda
Village of Arlington Heights
Senior Citizens' Commission
Commissions Room

July 22, 2019
7:00 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. Minutes from May 20, 2019

IV. REPORTS

- A. Chairperson
- B. Senior Center Manager
- C. Senior Impacts Reports
 - 1. Not for Profit Corporation
 - 2. Senior Center Advisory Council
 - 3. Legislation
 - 4. Age Friendly Community Certification

V. OLD BUSINESS

- A. Kenneth Hood Senior Service Award

VI. NEW BUSINESS

- A. Overview of Catholic Charities Northwest Senior Services -Cindy Gunderson

VII. OTHER BUSINESS

- A. Announcements/Correspondence

VIII. ADJOURNMENT

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Senior Citizens' Commission
7/22/2019

Item: Minutes from May 20, 2019

Department: Health & Human Services

ATTACHMENTS:

Description

Minutes from May 20, 2019

Type

Minutes

**Village of Arlington Heights
Senior Citizens' Commission
Minutes
May 20, 2019
7:00 PM**

I. CALL TO ORDER

Chairperson Feldman called the meeting to order at 7:05pm.

II. ROLL CALL

Present: Frederick Feldman, Chairperson, Sharon Adams, John Eggum, Dr. George Motto, Maureen Seleski, George Weber, and Tem Williams

Also Present: Karen Hansen, Liaison to the Senior Citizens Commission

III. APPROVAL OF MINUTES

A. Minutes from April 15, 2019

**COMMISSIONER SELESKI MOVED TO APPROVE THE MINUTES OF
THE APRIL 15, 2019 MEETING, SECONDED BY COMMISSIONER
WILLIAMS. ALL CONCURRED AND THE MOTION CARRIED.**

IV. REPORTS

A. Chairperson

Chairperson Feldman noted that the Village Manager had sent out a memo to each board and commission asking what should be considered for discussion, what is current and important. Chairperson Feldman asked that the Commissioners bring these ideas up and he would submit them to the Village of Arlington Heights by July.

Chairperson Feldman thanked Commissioner Eggum for a very good job in arranging for the round table discussion last meeting including State Senator Ann Gillespie and staff from Mark Walker's office (Illinois House of Representatives, District 23).

B. Senior Center Manager

The Senior Center Manager provided the following report: The highlight of April was our annual volunteer recognition luncheon at Rolling Green Country Club.

The Volunteer Coordinator met with staff from the Arlington Heights Memorial Library to facilitate a better understanding of how we collaborate on volunteers.

The Senior Center participated in the Village wide conversion for room scheduling from Office Tracker to Outlook.

The Senior Center Manager submitted the annual grant request to the Eisenberg Foundation for Arlington Heights Senior Center, Inc., as well as doing some initial work on the senior center accreditation.

Mrs. Linda Cesario, widow of Joe Cesario, one of the Kenneth Hood Award winners had passed away. She had been an active community volunteer and was very involved in volunteering at the Senior Center.

The Senior Center Manager reported on the Senior Center's quest for national accreditation by NCOA/NISC (National Council on Aging/National Institute for Senior Centers).

C. Senior Impact Reports

1. Not for Profit Corporation

As of February 2019, Arlington Heights Senior Center, Inc. reported a total Liabilities and equity of \$196,151.32. There had been two funding requests, one from the Park District and one from ETS, Northwest and both had been partially funded.

2. Senior Center Advisory Council

Senior Center Manager Karen Hansen provided an update.

3. Legislation

Chairperson Feldman noted of the 33 bills he had been tracking, none had gone into law with two weeks left in the session. Two

were expected to go to the governor. One prohibited someone from profiting from assault of a senior citizens. The other allowed for SNAP cards being able to be used to purchase food in restaurants.

4. Age Friendly Community Certification

Chairperson Feldman noted that at the last meeting there had been three drafts and commissioners had been asked to review them and see which was the best. Chairperson Feldman recommended, with the concurrence of the commission the third version. Version 3 was to be appended to this set of minutes. He reported on extensive discussions with Dr. Motto on this topic. **COMMISSIONER EGGUM MOVED TO APPEND VERSION 3 OF COMMISSIONER MOTTO'S REPORT TO THE MINUTES, SECONDED BY COMMISSIONER SELESKI. ALL CONCURRED AND THE MOTION CARRIED.**

Commissioner Motto noted that he had spoken to the board and was advised that it was entirely appropriate to provide interim reports to the Committee of the whole.

Chairperson Feldman called for a motion to establish the Age Friendly Community Certification Advisory Committee of the Arlington Heights Senior Citizens Commission as an official subcommittee of the Arlington Heights Senior Citizens Commission with no more than three commission members on it. Liaison Hansen noted that the Senior Citizens Commission could still hear reports from that committee without this motion in place. Commissioner Motto stated he wanted the full force and power of the Senior Citizens Commission on this committee. It was noted that Commissioner Motto should continue as chairperson. **COMMISSIONER ADAMS, SECONDED BY COMMISSIONER SELESKI MOVED TO ESTABLISH THE AGE FRIENDLY COMMUNITY CERTIFICATION ADVISORY COMMITTEE OF THE ARLINGTON HEIGHTS SENIOR CITIZENS COMMISSION AS AN OFFICIAL SUBCOMMITTEE OF THE ARLINGTON HEIGHTS SENIOR CITIZENS COMMISSION WITH NO MORE THAN THREE COMMISSION MEMBERS ON IT AND WITH COMMISSIONER MOTTO AS THE CHAIRPERSON.**

Commissioner Motto noted that he had met Terri Worman, from the Illinois AARP office in Chicago. He was scheduled to meet

with her the following day. Commissioner Motto clarified the distinction between the terms certification and designation.

V. OLD BUSINESS

A. Kenneth Hood Senior Service Award

Commissioner Weber noted that the invitations (nomination solicitation letters) had gone out. He reported that three nominations were in so far. Chairperson Feldman asked noted that a new trophy was needed. Commissioner Seleski suggested having Joe Burlini design one.

VI. NEW BUSINESS

Commissioner Williams reported that the intergenerational programs (in School District 25) had gone well. The sessions should be longer. The speakers were excited about their topics. The students and teachers thought the presentations were great.

Commissioner Williams reported that she had written to Senator Gillespie requesting her to look into funding for individuals for call button programs. Karen Hansen stated that this funding did exist for people who qualified for the community care program, available through Case Coordination Units such as Catholic Charities at the Senior Center. Commissioner Motto said that this kind of thing could be part of the Age Friendly Community Certification initiative-to get an inventory of what is available. He noted the affordable housing debate on the 425 project. Commissioner Eggum noted that there is a mandatory disclosures bill that requires more transparency. Commissioner Motto stated that there should be a quarterly program on the Age Friendly network and it should be in the Senior Center's newsletter. Commissioner Motto noted that the effort had to be sustainable and suggested that there be a series of three in the fall, including Call Button Awareness. Commissioner Eggum noted that hospitals could provide the lead. He stated that if the umbrella committee is fully formed, it could reach out to hospitals. Commissioner Seleski noted that this could be done as a video program on cable tv. Karen Hansen suggested that the Senior Commission have Cindy Gunderson (Coordinator, Catholic Charities Northwest Senior Services) speak at a future meeting about the services that are available. Commissioner Williams spoke of the importance of a safety net.

VII. OTHER BUSINESS

A. Announcements/Correspondence None

VIII. ADJOURNMENT

THERE BEING NO FURTHER BUSINESS BEFORE THE SENIOR CITIZENS COMMISSION, COMMISSIONER SELESKI, SECONDED BY COMMISSIONER WILLIAMS, MOVED TO ADJOURN AT 7:58 PM. ALL CONCURRED AND THE MOTION CARRIED.

ATTACHMENTS: April 11, 2019 Memo from Chairperson Fred Feldman to the Senior Citizens Commission, James McCalister, Health & Human Services Director and Karen Hansen, Senior Citizens Commission Liaison regarding the Arlington Heights AARP (American Association of Retired Persons) livable Community for all Ages Initiative Summary Status Report and Combined Recommendations.

Attachment I

To: Senior Citizens Commission

James McCalister, Health & Human Services Director

Karen Hansen, Senior Citizens Commission Liaison

From: Frederick Feldman, Chairman, Arlington Heights Senior Citizens Commission

Date: April 11, 2019

Re: AH AARP Livable Community for All Ages Initiative Committee Report

Arlington Heights AARP Livable Community for All Ages Initiative

Summary Status Report and Combined Recommendations*

George S. Motto, M.D., Committee Chairperson and Fred Feldman, Commission Chairperson

Background:

The Village of Arlington Heights Senior Citizens Commission (AHSCC) in 2017 began the process of applying for membership in the rapidly expanding AARP Network of Livable Communities (ALCN). We acted after obtaining backing from Mayor Hayes (see attached introduction letter) and the AH Board of Trustees).

Our purpose was to utilize the ALCN template to:

- 1) Re-evaluate/identify where our village stood relative to the AARP Network's 8 Domains of Livability, and,
- 2) Develop an action plan(s) to address any needs/deficiencies identified by this evaluation.

To accomplish this a subcommittee of the AHSCC was formed – The AHSCC ALCN Initiative Steering Committee. In early 2018 application for AH membership in the ALCN was made. In 2018, AARP designated Arlington Heights as a member of the AARP Livable Community Network (see AARP website). By December of 2018, the Steering Committee, under Chairperson, George Motto, M.D., included in its

membership (see roster attached) not only lay volunteers and additional members of the AHSCC, but also representatives of village government (health dept., human services, housing, senior center) as well as from NCH, AHML, AH Park District, the private sector, and Wheeling Township.

Before proceeding in the evaluation process, the Steering Committee reviewed previous work performed by the AHSCC that included a survey assessment performed by the AHSCC in the late 1990's. That survey resulted in the Village building its current Senior Center. The Committee also reviewed the 2008 Maturing of America assessment that set forth several goals, the primary of which was hiring a Village Geriatric social worker. Additionally, in the past five years or so numerous organizations – the AH Park District, NCH, the Pedestrian and Bike Advisory Panel, AH Human Services, the NW Housing Commission, all conducted extensive surveys essentially looking at the 8 Domains of Livability as well as demographics and areas of deficiency. Overall, the consensus was that all these surveys showed that the main areas of concern centered on communication (getting the word out and telling people what's out there) and coordinating the efforts of all stakeholders. Other main areas of concern were Housing and possibly increasing the Senior Center's access and services.

At its last meeting on January 14, 2019, the Steering Committee decided to concentrate on the AARP 7th Domain of Livability – “Communication and Information”- and to begin the process of cataloguing what's available re directories, internet, transportation, etc. in an effort to accomplish the goals of better informing residents and of coordinating the efforts of the various players and stakeholders. Other avenues to be explored were informational town hall meetings and focus groups on specific topics and, perhaps, a focused survey.

However, also in January 2019 a decision was made by the VAH that not only could the AHALCN Initiative Steering Committee not count more than two Commissioners of the AHSCC as members but also that the Steering Committee could no longer be deemed a subcommittee of the AHSCC because of its non-commission members. This situation has created some confusion and has momentarily obscured the focus of the Commission in proceeding with the execution of this program

However, efforts of the steering committee in identifying the lynch pin topic for a successful completion of the plan has been identified –namely communication. We are now advised that the Village is awarded a grant by the Chicago Metropolitan Agency on Planning to provide technical assistance to the Village of Arlington Heights in connection with its efforts to achieve Age Friend Community status recognition. A metropolitan planning agency with broad reach, experience, and technical resources may be the necessary catalyst or successful completion of the program.

Findings:

The Initiative Committee met monthly and then every other month between the end of 2017 and its last meeting in January 2019. Over the course of its tenure, the composition of the committee changed with the recruitment/resignation of members. The Committee was able to obtain and review all of the surveys done by other AH stakeholders (see in Background) and decided that another survey was not warranted at this time, because, most importantly it was obvious that the incredibly broad range of services, and of organizations providing these services, already made our community and its environs very accomplished and active in pursuing services, evaluations, and planning in AARP's 8 Domains of Livability. The area identified to be most in need of improvement was, as stated previously, Communication and Information.

Additionally, Chairperson Motto personally met with providers and evaluated the wide range of available services. He also attended national AARP and American Society for Aging conferences and conference calls on the subject. As a result of these activities, Chairperson Motto reported to the Committee that Arlington Heights especially, and indeed the entire Chicago Northwest Suburbs, were already essentially following the AARP Livable Community guidelines process, and, in his estimation, were actually as or more advanced/accomplished in this regard than most similar communities across the US. This having been decided, the Committee felt that what was most needed was work to properly coordinate, communicate and disseminate information about all that is currently available.

Recommendations:

Utilize existing entities to lead, coordinate, but not "reinvent the wheel." The following entities especially must work together:

- 1) VAH Depts. of Health & Human Services, Integrative Services, Village Manager
 - 2) The Arlington Heights Senior Center – already superb and state of the art.
 - 3) The Arlington Heights Senior Citizens Commission.
 - 4) The large network composed of other VAH Commissions – Planning, Housing, Youth, Bicycle & Pedestrian, to name a few – all staffed by VAH appointed volunteers
 - 5) Multiple other stakeholders as mentioned in preceding text.
- With the technical assistance of CMAP, working directly with members of the Arlington Heights Senior Citizens Commission and Village employees, the successful achievement of Age Friendly Community Certification has gotten that much closer.