Agenda
Village of Arlington Heights
Senior Citizens' Commission
Commissions Room

Arlington Heights Village Hall
33 S. Arlington Heights Road
Arlington Heights, IL 60005
June 20, 2016
7:00 PM

I. CALL TO ORDER

II. ROLL CALL

III. APPROVAL OF MINUTES

A. Minutes from 5/16/16

IV. REPORTS

A. Chairperson
B. Senior Center Manager
C. Senior Impact Reports
   1. Not for Profit Corporation
   2. Senior Center Advisory Council
   3. Legislation

V. OLD BUSINESS

A. Goal Setting
B. Kenneth Hood Senior Service Award

VI. NEW BUSINESS

VII. OTHER BUSINESS

A. Announcements
B. Correspondence
C. Next Meeting Date

VIII. ADJOURNMENT

Persons with disabilities requiring auxiliary aids or services, such as an American Sign Language interpreter or written materials in accessible

formats, should contact David Robb, Disability Services Coordinator, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, (847)368-5793 (Voice), (847)368-5980 (Fax) or drobb@vah.com.

Item: Minutes from 5/16/16

Department: hs

ATTACHMENTS:

Description	**Type**
May SC minutes	Minutes

VILLAGE OF ARLINGTON HEIGHTS
SENIOR CITIZENS COMMISSION
MINUTES FROM MAY 16, 2016

I. CALL TO ORDER

II. ROLL CALL

Present: Chairperson Sharon Foss, Erwin Campbell, Fred Feldman, Ruta Freimanis, Dottie Hardy, Dr. George Motto, Maureen Seleski, Tem Williams

Absent: Sharon Adams and George Weber

Also Present: Karen Hansen, Commission Liaison

III. APPROVAL OF MINUTES – MONDAY, APRIL 18, 2016

COMMISSIONER SELESKI, SECONDED BY COMMISSIONER WILLIAMS, MOVED TO APPROVE THE MINUTES OF MONDAY, APRIL 18, 2016. ALL CONCURRED.

IV. REPORTS

A. Chairperson's Report

Chairperson Foss reported that there had been a meeting (On the Table) sponsored by the Community Trust. Several commissioners were there. It was about civic engagement and how we can work to make things better for the senior citizens in our community. It lasted approximately 1.5 hours. She expressed her opinion that a lot of worthwhile issues were introduced, but that there were not any plans for follow through. She inquired about whether there would be additional meetings, but had been told that follow up rested with the communities. Commissioner Seleski stated that the Community Trust would award $1000 for a video. She suggested using that money to develop a program that could be run 2-3 times a year to make people aware of the services that exist. Commissioner Hardy noted that the theme was communication and how to accomplish that without spending money. Chairperson Foss noted that the Community Trust was offering 50 people $1000 for their new initiative, Acting Up (actionable ideas for projects that would benefit our communities). Chairperson Foss noted that the Commission would have to think about it, make a plan and submit a video by May 31st. Commissioner Motto asked what exactly we were thinking about, what the idea would be. Commissioner Seleski reported it would be to put together a program twice a year to let people know about resources at the Senior Center, to get information in a time of non-crisis. Commissioner Motto asked whether this would be a video. Commissioner Seleski thought that there would be more benefit to it being a live presentation, so that there would be the opportunity for interaction. Commissioner Hardy suggested that this would be along the lines of "We are the Arlington Heights Senior Center" or "We are the Arlington Heights Senior Citizens Commission." Commissioner Motto pointed out that it was possible to do that without the $1000. Commissioner Seleski indicated that the $1000 could be made to make copies or to furnish refreshments Commissioner

Motto suggested a video (informative). Chairperson Foss indicated that the video was to complete the application. Commissioner Freimanis asked if this was a competition. Chairperson clarified no, and read the award details indicating that they created an additional way for communities to share your ideas by submitting videos explaining an actionable and creative idea that will make impact on your community. The deadline was May 31st.

She noted that the awards would be made this summer. Commissioner Seleski said that she heard a number of seniors at that meeting voicing issues that surprised her. She heard transportation issues and also about the difficulties of living in a two story house. She stated it might be worth a try to put the video together. She suggested information sessions would be done twice in the first year. Chairperson Foss suggested some of the money be used to promote on the cable TV. Commissioner Motto noted that it was a natural progression of what the Commission had been talking about, promulgating how to access information, and the goal was to tell people how to access information (on line Human Services Directory) on line and this would provide a way for the Commission to progress towards its goal.

The Chairperson reminded of past community engagement efforts in which a block would adopt an older resident and offer to assist with things such as going to the grocery store. Dr. Motto provided the example of training people to help seniors to find the resources they need. Commissioner Seleski drew the Commission's attention to the similarities between this and Healthy Arlington. She noted that people who do not know their neighbors don't have those kinds of options. Commissioner Williams noted that there were a lot of homeowners associations in Arlington Heights, which could be utilized to assist with this and gave the example of their e-mail lists. Commissioner Motto suggested that "we could become part of the Arlington Heights Health Action Alliance and try to partner in with some other organizations to push this initiative (Certified Age Friendly Communities) forward.

Commissioner Williams noted that Rolling Meadows High School students might be able to help with the video. Chairperson Foss noted that this video did not need to be elaborate. Chairperson Foss asked Commissioner Seleski whether her motion was just for the information sessions. Commissioner Seleski responded yes, at this point.

COMMISSIONER SELESKI MOVED THAT THE ARLINGTON HEIGHTS SENIOR CITIZENS COMMISSION PUT TOGETHER A COMMITTEE TO PLAN OUT THE VIDEO AND SUBMIT IT FOR THE INFORMATION SESSIONS. COMMISSIONER HARDY SECONDED THE NOMINATION. ALL CONCURRED.

Commissioner Hardy was interested in serving on the committee, pending some personal business.

Chairperson Foss noted she would update Nora Boyer in the Planning Department.

Commissioner Motto inquired as to what the Northwest Suburban Housing Collaborative was. Chairperson Foss noted she had obtained that handout at the Tuesday meeting about this. She noted that they would go out and do handyman repairs on a sliding fee basis. Commissioner Hardy noticed that they had put together transportation information. The Senior Center Manager noted that Nora Boyer presented to the Commission on this topic a couple of years ago (April 21, 2014).

Chairperson Foss noted that the American Society on Aging was holding a conference and if anyone was interested in doing a presentation the ASA would like the proposal to be submitted (deadline-June 30th). The Senior Center Manager noted that the Senior Center had presented twice at these conferences, one on the topic working with Eagle Scouts and once on the topic of Emergency Preparedness Kits with Chris Hoffman, a really impressive Eagle Scout.

Chairperson Foss provided a summary of statistics she had seen in newspaper articles, including some driving statistics on mature drivers. Commissioner Seleski noted that the northwest suburban Cook County had some of the highest mature demographics. Commissioner Hardy reported that the number of students in School District 25 was up.

B. Senior Center Manager's Report

Senior Center Manager Karen Hansen reported that over two hundred volunteers had attended the Senior Center's Volunteer Recognition Luncheon. Julie Wright, the recipient of the 2015 Kenneth Hood Senior Service Award had been honored for 5,000 service hours.

Eighty-five had attended the Identity Theft presentation by the Public Affairs Manager from the Illinois Comptroller's Office.

The Lion's Club had done a hearing screening. Fifty-five had participated. About one fourth had referable hearing conditions.

Forty-seven had attended Harper College's American Impressionism Presentation.

First Presbyterian and Southminster Churches had coalesced in a volunteer project to give the Senior Centers service hallways a fresh coat of paint. They did a great job.

National Senior Health & Fitness Day would take place on Wednesday, May 25th from 8:30am-12:00pm. The information was posted on the front cover of the Senior Center's newsletter.

C. Senior Impact Reports

1. Not for Profit Corporation

Karen Hansen reported that Arlington Heights Senior Center, Inc. met on May 12th. Their Total Assets as of March 31, 2016 were $129,419.41, of which $32,320.89 were restricted. "Inc." had approved a funding request for the Arlington Heights Nurses Club for $670.00 for two companion

wheelchairs and two knee walkers. They were working on the Tuesday, July 19, 2016 golf outing.

2. Senior Center Advisory Council

Commissioner Campbell reported that the Advisory Council met May 3rd. The suggestion box review indicated that people wanted better movies; people should shower after working out; the St. Patrick's party went well, the Harmonaires performance had gone well on May 9th.

The Council was likely to have four cars (plus walkers) in the Memorial Day Parade; the hot dog cookout would be June 20th from 4:00-6:00pm at a cost of $4.00; the Ice Cream Social will be on July 7th - entertainment to be provided by Edizon Dayao. The $1.00 tickets will be available on June 20th. The RJO (Reunion Jazz Orchestra) will be on August 18th from 7:30-9:00pm. The brat cookout will be September 26th with entertainment provided by Alpine Thunder. They were currently determining whether there was interest in hosting a variety show. The holiday luncheon was tentatively planned and they are considering other sites, and December 30th is reserved for a New Year's Eve party. The round table discussion was noted. On Wednesday, May 25th the Senior Center has scheduled the National Senior Health & Fitness Day.

3. Legislation

Commissioner Feldman reported that the Older Americans Reauthorization Act of 2015 was signed by the President on April 19th (and renamed the Older Americans Reauthorization Act of 2016.) It will establish services and protections for Americans above age 60, provide funds for caretaking, nutritional and health services for Older Americans and for an Ombudsman Program to protect against abuse or neglect. It also provides for a 7% boost in funding over the next three years.

The Federal Senior Tax Simplification Act of 2015 (1040SR) had not happened.

Pending in Congress is SB 1719 RAISE Family Care Act (Recognize, Assist, Include, Support, and Engage Family Caregivers Act of 2015) had passed in the Senate and was pending in Congress.

The Illinois General Assembly HB4351 provided for the continuation of the Illinois Community Care program. This sought a fiscal note and that had been presented. It was sent to the senate for 2nd readings.

Senate Bill 2038 appropriates $2,000,000 from the General Revenue Fund to the Joint Committee on Administrative Rules for its FY 16 ordinary and contingent expenses. Changes provided for $700,000,000 in stop gap funding for providers of Community Care. It should be going to the governor for signature.

HB 6162, the Employee Sick Leave Act where employees may use personal sick leave to care for a family member on the same terms as

themselves. As of May 11th, it was awaiting a third and final reading and then would be sent to the Senate.

HB 6079 made it a crime for a person managing the financial affairs of an elderly person who is a resident of a facility licensed under the Nursing Home Care Act or a person with a disability who is a resident of a facility licensed under the Nursing Home Care Act if that person fails to pay for the facility care of the elderly person or person with a disability from the assets or income of the elderly person or person with a disability.

V. OLD BUSINESS

A. Goal Setting

Chairperson Foss noted that the Commission had talked about forming the committee and working toward seeing about the potential to host biannual meetings, noted that is a good goal and asked if there was anything else? Commissioner Motto asked whether the Commission wanted to get involved in the livable communities or Arlington Heights Health Action Alliance. Chairperson Foss suggested that this await further conversation with Nora Boyer from the Planning Department. Commissioner Motto questioned whether the Commission wanted to take the lead and partner with other Commissions or follow. He suggested partnering with other organizations. Chairperson Foss drew attention to earlier efforts such as Healthy Arlington and the Maturing of America. Commissioner Motto drew attention to AARP's web site and the State of Illinois website. He recommended that the Commission be part of this, and suggested that this Commission be a leader. Commissioner Hardy asked if perhaps a presentation could provide clarification and the Commission would have something concrete to consider. Commissioner Williams suggested a presentation by Evanston as they'd already done this (Certified Age Friendly Community).

B. Kenneth Hood Senior Service Award

The Senior Center Manager reported that the Community Relations Coordinator Nancy Kluz has advised that the Kenneth Hood Senior Service Award nomination info has been on Facebook and an online form for nominations has been created for it. The access channel is also running the Hood award information and it is on the VAH webpage in the news section. The direct solicitation letters were mailed on the 21st. Press releases were sent to the Daily Herald, the Triblocal, the Journal News, and Cardinal News. Commissioner Williams reported she had submitted information on the Hood Award to the Daily Herald. Chairperson Foss noted the applications were due July 1.

VI. NEW BUSINESS

Commissioner Feldman commented that these April minutes had been particularly detailed and that was the way minutes were supposed to be. The Commission concurred.

Commissioner Seleski noted that ETS Northwest was hosting a Savers Truck as a fund raiser in the Senior Center's parking lot.

Commissioner Williams inquired as to whether the Senior Center had anything to do with ESL. The Senior Center Manager noted that it did exist in the community. Commissioner Williams asked whether it would be a consideration to establish an ESL program at the Senior Center. The Senior Center Manager noted that there was currently a large population of non-English speaking seniors.

VII. OTHER BUSINESS

A. Announcements None

B. Correspondence

Chairperson Foss noted that Mayor Hayes had reappointed her as chairperson of the Senior Citizens Commission for another year. She volunteered to resign if any other Commissioners would like to consider chairmanship. The Commission expressed satisfaction with the current chairperson. Commissioner Seleski suggested anyone interested should let Chairperson Foss know as this would provide the Village President with considerations for future chairmanships.

Commissioner Williams would be approaching the Park District for the therapy pool.

VIII. Adjournment

COMMISSIONER FELDMAN MOVED TO ADJOURN AT 8:10 P.M., SECONDED BY COMMISSIONER FREIMANIS. ALL CONCURRED.

The next meeting is scheduled for June 20, 2016.