



Agenda
Village of Arlington Heights
Senior Citizens' Commission
Senior Center - 1801 W. Central Rd. AH, 60005
Transportation Sub-Committee
March 25, 2024
1:00 PM

I. CALL TO ORDER

- A. Pledge of Allegiance

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. December 18, 2023 Minutes

IV. REPORTS

- A. Chairperson
- B. Senior Center Manager

V. OLD BUSINESS

VI. NEW BUSINESS

VII. OTHER BUSINESS

- A. Announcements / Correspondence

VIII. PUBLIC COMMENT

IX. ADJOURNMENT

Persons with disabilities requiring auxiliary aids or services, such as an American Sign Language interpreter or written materials in accessible formats, should contact Erin Mercado, at 33 S. Arlington Heights Road, Arlington Heights, Illinois 60005, emercado@vah.com or (847)368-5793.



Senior Citizens' Commission
3/25/2024

Item: Minutes

Department: HHS

ATTACHMENTS:

Description

December 18, 2023 Minutes

Type

Minutes

Minutes
Village of Arlington Heights
Senior Citizen's Commission-Transportation Sub Committee
Arlington Heights Senior Center
1801 W Central Road
Monday, December 18, 2023
1:00 PM

I. CALL TO ORDER

Chairperson Feldman called the meeting to order at 1:00 p.m. All stood for the Pledge of Allegiance.

II. ROLL CALL

Present:

Also Present:

Not Present:

Fred Feldman
George Motto
Tem Williams
Fred Vogt

Tracey Colagrossi, Liaison

III. APPROVAL OF MINUTES

Minutes from Tuesday, November 21, 2023

COMMISSIONER FELDMAN PROPOSED A MOTION TO APPROVE THE MINUTES AS PRESENTED. COMMISSIONER MOTTO MADE THE MOTION AND WAS SECONDED BY COMMISSIONER WILLIAMS. ALL APPROVED THE MINUTES FROM NOVEMBER 21, 2023.

IV. REPORTS

A. Chairperson

Commissioner Feldman reviewed the Action Plan for the Transportation Sub Committee. Liaison Colagrossi read into record the goals and steps put forth by the subcommittee.

Goal one should include the names of both townships serving Arlington Heights specifically.

Goal two should have the "Ride Lake" and "Ride McHenry" in quotes to specify these as special transportation programs.

Goal three should include the state offices such as Illinois Department on Aging and the Area Agency on Aging, Age Options.

Under goal three, to include collaborate and communicate findings with all transportation providers, elected officials and local and state agencies.

Make an asterisk in the summary noting the separate responses from Wheeling Township as they did not attend the Transportation Roundtable.

B. Senior Center Manager

Liaison Colagrossi stated that the changes will be ready to review and approve for the Senior Citizens Commission meeting at 7 pm, Monday, December 18. Once approved, the action plan and summary will be distributed in the Board's Friday packet after the new year.

Commissioners agreed that it was good to wait until after the holidays.

V. OLD BUSINESS

No old business was discussed.

VI. NEW BUSINESS

The next meeting will be at 1 pm, Monday, January 22, 2024.

VII. OTHER BUSINESS

No new business was discussed.

VIII. PUBLIC COMMENT

No members of the public attended the meeting.

IX. ADJOURNMENT

COMMISSIONER FELDMAN REQUESTED A MOTION TO ADJOURN. COMMISSIONER VOGT MADE A MOTION, WHICH WAS SECONDED BY COMMISSIONER WILLIAMS. ALL WERE IN FAVOR, AND THE MEETING ADJOURNED AT 1:51 PM.



Agenda
Village of Arlington Heights
Senior Citizens' Commission
Commissions Room-33 S. Arlington Heights Rd., AH 60005
Communications Sub-Committee
March 25, 2024
5:30 PM

I. CALL TO ORDER

- A. Pledge of Allegiance

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. February 26, 2024 Minutes

IV. REPORTS

- A. Chairperson
- B. Senior Center Manager

V. OLD BUSINESS

VI. NEW BUSINESS

VII. OTHER BUSINESS

- A. Announcements / Correspondence

VIII. PUBLIC COMMENT

IX. ADJOURNMENT

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Senior Citizens' Commission
3/25/2024

Item: Minutes

Department: HHS

ATTACHMENTS:

Description

February 26, 2024 Minuets

Type

Minutes

Minutes
Village of Arlington Heights
Senior Citizens Commission
Village Hall Commissions Room, 33 S. Arlington Heights Road
Communications Sub-Committee
Monday, February 26, 2024
5:30 PM

I. CALL TO ORDER

- a. Pledge of Allegiance

II. ROLL CALL

Present:

Sue Viecegli, Chairperson
Steve Raminiak
Tim Carter

Also Present:

Tracey Colagrossi, Liaison
George Motto
Fred Vogt

Absent:

III. APPROVAL OF MINUTES

- a. January 22, 2024, Minutes

CHAIRPERSON VIECELLI REQUESTED A MOTION TO APPROVE.

COMMISSIONER RAMINIAK MADE A MOTION AND WAS SECONDED BY

COMMISSIONER VOGT. ALL WERE IN FAVOR AND THE MINUTES OF

JANUARY 22, 2024, WERE APPROVED.

IV. REPORTS

- a. Chairperson

Chairperson Viecegli had nothing to report.

- b. Senior Center Manager

Liaison Colagrossi reported on an upcoming event that was utilizing different social media platforms to engage potential new patrons to the senior center to attend the "Just a Taste" event in March. She added that

these new ways of connecting with people would be beneficial for future Age-Friendly marketing efforts.

V. OLD BUSINESS

- a. Liaison Colagrossi presented the Village of Arlington Height's various events for 2024 for the Sub Committee to review. The Sub Committee selected three events to participate and promote Age-Friendly Arlington Heights.
 - i. Senior Health and Fitness Day, Wednesday, May 29, 9 am to 12 pm
 - ii. Live Well, Age Well Expo, Thursday, June 20, 11 am to 1 pm
 - iii. Harmony Fest, September 2024

VI. NEW BUSINESS

- a. The Sub Committee discussed types of marketing pieces to have at the booths.
 - i. Updated bookmark
 - ii. Magnet featuring new village logo, email and web address
 - iii. Flyer with information on Age-Friendly Arlington Heights
 - iv. Senior Center Newsletters
 - v. Paper list and/or QR Code to sign up for the e-blasts/senior center newsletters
 - vi. Tablecloth and banner
 - 1. The focus of the next subcommittee meeting will review the marketing materials for distribution.
- b. The Sub Committee discussed other ways to connect and outreach the community.
 - i. Bi-weekly post in the E-Blast, on age-friendly

- ii. The DEI initiative from the Kaleidoscope study had a task force, which is now a quarterly newsletter called Community Connections. This will be a way for the results of the latest Age-Friendly survey data collected last fall to be disseminated.
- iii. Chairperson Viecegli noted that the purpose of outreach is to inform the community of the work of Age-Friendly (resources, services, and programs), and get more e-newsletter subscribers.

VII. **OTHER BUSINESS**

- a. The next meeting of the Sub Committee will be on Monday, March 25 at 5:30 PM.

VIII. **PUBLIC COMMENT**

- a. No public comments

IX. **ADJOURNMENT**

- a. **CHAIRPERSON VIECELLI REQUESTED A MOTION TO ADJOURN.**
COMMISSIONER CARTER MADE A MOTION AND WAS SECONDED BY
COMMISSIONER VOGT. ALL WERE IN FAVOR AND THE MEETING
ADJOURNED AT 6:30 PM.



Agenda
Village of Arlington Heights
Senior Citizens' Commission
Commissions Room-33 S. Arlington Heights Rd., AH 60005

March 25, 2024
7:00 PM

I. CALL TO ORDER

- A. Pledge of Allegiance

II. ROLL CALL

III. APPROVAL OF MINUTES

- A. February 26, 2024 Minutes

IV. REPORTS

- A. Senior Impact Reports
 - A. Chairperson
 - B. Senior Center Manager
 - C. Not for Profit Corporation
 - D. Senior Center Advisory Council
 - E. Legislation
 - F. Age-Friendly Community Certification
 - I. Transportation & Affordable Housing Report
 - II. Communication Report
 - G. Kenneth Hood Senior Service Award

V. OLD BUSINESS

VI. NEW BUSINESS

VII. OTHER BUSINESS

- A. Announcements / Correspondence

VIII. PUBLIC COMMENT

IX. ADJOURNMENT

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Senior Citizens' Commission
3/25/2024

Item: Minutes

Department: HHS

ATTACHMENTS:

Description

February 26, 2024 Minuets

Type

Minutes

**Minutes
Village of Arlington Heights
Senior Citizen's Commission
Commissioners Room
33 S Arlington Heights Road, Arlington Heights
Monday, February 26, 2024
7:00 PM**

I. CALL TO ORDER

Chairperson Viecegli called the meeting to order at 7:02 p.m. All stood for the Pledge of Allegiance.

II. ROLL CALL

Present:

Also Present:

Not Present:

Fred Feldman,
Sue Viecegli
Sharon Adams
Fred Vogt
George Motto
Steve Raminiak
Tem Williams
Tim Carter

Tracey Colagrossi, Liaison
Keith Moens

III. APPROVAL OF MINUTES

Minutes from Monday, December 18, 2023

CHAIRPERSON VIECELLI PROPOSED A MOTION TO APPROVE THE MINUTES AS PRESENTED AND COORECTED. COMMISSIONER RAMINIAK MADE THE MOTION AND WAS SECONDED BY COMMISSIONER VOGT. ALL APPROVED THE MINUTES FROM DECEMBER 18, 2023.

IV. REPORTS

Senior Impact Reports.

A. Chairperson

Chairperson Viecegli acknowledged the passing of longtime Commissioner Tem Williams on February 20, 2024. The Commissioners observed a moment of silence. Chairperson Viecegli and the Commissioners were saddened to hear of the sudden loss of Commissioner Williams. She was a wonderful advocate for the residents of Arlington Heights and will be greatly missed.

Chairperson Viecegli also noted that Commissioner Roberta White submitted her resignation to the mayor last week. The commission is grateful for Ms. Whites contributions and wishes her the best.

B. Senior Center Manager

Staff met with the Northern Illinois University Center for Governmental Studies to get a timeline for our strategic planning process. Staff will be putting together a schedule of interviews for all agency directors to be interviewed by the folks conducting the initial part of our strategic planning. The Strategic Plan is an unique project, as it has never been done before, as well as have all of the partner/tenant agencies involved. In addition, Randy Recklaus, our village manager, along with Health and Human Services Director James McCalister will be interviewed together.

Once those interviews are completed, the timeline will go forth where it'll culminate into some smaller focus groups, which a couple of members of this commission will be invited to participate in a future date. Finally, a large vision and mission statement planning in August. The purpose of the strategic planning is to create an action plan for all of the agencies together to grow awareness of programs and services, and also gain potential new users. It's continued outreach, continued growth, but then to have us all on the same page is all agencies, that's never been done. The project and funding approved by the board through the budget development for 2024.

The Senior Center staff is conducting March and April registration for different sorts of programs which have been going very well. The number of people coming to the Senior Center is 97% of what we were at pre-pandemic levels in 2019.

The agencies are producing an open house event called Just a Taste, which is just a taste of the Senior Center. All eight of the agencies are hosting a one appetizer at each of the stations, like a progressive tour and scavenger hunt through the Senior Center with mocktails and a live band Cruisin' the Loop. The event is free. Limited tickets are available through Eventbrite and doing different marketing initiatives to attract people through social media.

A Matter of Balance is an evidence-based falls prevention happening at the Senior Center in March, which will go through May. And then the center received funding to provide another evidence-based program for folks with experience osteoporosis, and it's called Fit and Strong. It's weights and exercise component that Nurse Lindsay Doshe and the Senior Center Manager will instruct.

C. Not-for-Profit

The Arlington Heights Senior Center, Incorporated, the foundation, met two weeks ago, finalizing their fundraising schedule for the year. They'll have their Live Well, Age Well resource expo on June 20th. A pickleball tournament on September 14th and a casino night event on September 20th.

The foundation has underwritten all the costs for this just for the "Just a Taste" event.

D. Advisory Council

The New Year's Eve event, which is on December 28 was sold out to over 100 people. The Advisory Council, they just had their Love Bus event with Hersey High School's Service Over Self group, which was on Valentine's Day. Their next event is a multicultural event that will feature entertainment dancers from the Ukraine and music from the Caribbean, featuring food from those cultures on April 4. They will host their usual events: Hot Dog Cookout in June, Ice Cream Social in August, Oktoberfest in September, Halloween Party in October and the New Years Eve celebration in December. 10:10:46
They are foregoing a Thanksgiving event and doing a Halloween party instead.

E. Legislation

Commissioner Feldman reported that the General Assembly is back in session and reviewed the status of the 10 or 11 bills which dealt with real estate tax relief for senior citizens. They're all still stuck in rules, so it doesn't look like they're going to move very soon.

Commissioner Feldman added that there's been a lot of talk in the media about senior citizens feeling they're being discriminated against with respect to the driver's test, as age increases, the frequency that you have to be tested behind the wheel increases. Two bills have been introduced in the General Assembly. One bill would basically say just no road tests over age 75 period, and that's House Bill 3793. There's a House Bill 4431, which would just seek to equalize the testing schedule for all behind the wheel tests for all drivers, regardless of age. So presumably it would be the eight-year intervals where you have to take a test, and every four years if you had a moving violation, but there would be no increased frequency of driver's tests for senior citizens as they got older.

The commission inquired if the bill was based on some data that seniors have far fewer accidents than other age groups? Commissioner Feldman advised that the proponents put forth that figure, but they also say seniors drive less. They drive shorter routes, closer to home, so they're not on the roads as much as other drivers. And that is House Bill 4431 which has been assigned to the Transportation Vehicles and Safety Means.

F. Age-Friendly Arlington Heights

Commissioner and Age-Friendly Chairperson Motto advised that things were moving along. The Senior Center Manager and Commissioner Motto have conducted listening sessions to get more information on the results of the Age-Friendly survey conducted last fall. The next listening sessions will take place on Monday, March 4 at 10 am at Goetke House and a virtual listening session on Tuesday, March 5 at 6 PM. Liaison Colagrossi will resend the preliminary results to the Commission if they had missed the past information. Once the listening sessions conclude, Liaison Colagrossi will create a draft of an executive summary for the commission to review.

1. Transportation Sub Committee

Commissioner Feldman noted that the subcommittee met in December and the transportation action plan was approved at the regular meeting. The three phased plan involve monitoring the public transportation providers outputs, proposal of an intergovernmental agreement between township to expand service area, and advocacy of governmental bodies to fund transportation services.

The commission did make note that Pace expanded the On-Demand service area as a pilot, expanding into the Randhurst area and north of Euclid. Lack of service in this area was commented frequently by residents, so it is commendable that the pilot project was created.

Commissioner Motto advised he has participated in the Area Agency on Aging Advisory Council making suggestions that the issue of transportation be examined and funding to be expanded in this area.

ii. Communication Sub Committee

Chairperson Viecegli reported that the Communication Sub Committee met at 5:30, Monday, February 26 and had Liaison Colagrossi provide a recap. Liaison Colagrossi stated that the Commission will promote Age-Friendly Arlington Heights at three events in 2024 (Senior Health and Fitness Day, May 29; Live Well Age Well Expo, June 20; and Harmony Fest, September). At the events, the subcommittee proposed to have marketing materials such as a flyer on Age-Friendly, magnet and bookmark promoting Age-Friendly. At the events, the Commission's tablecloth, banner, newsletter, and marketing materials will be manned by a commissioner and staff member or volunteer at the events.

Community Connections is a new collaboration stemming from the Village's DEI initiative. The Village, Library, Park District, School Districts and Harper College make up the group that will put a quarterly e-newsletter for the community to review events and happenings around the village. Once the Age-Friendly executive summary is completed, it can be submitted into the newsletter for publication.

iii. Affordable Housing Sub Committee

Commissioner Vogt reported the Housing Commission met on February 21, however, he was unable to attend the meeting. At the January Housing Commission meeting, it was reported that the Trust now has almost a million dollars right now and at discussion some point what are the uses going to be for that money.

Commissioner Motto noted from conversations with Planning Staff was that no decisions have been made, but there are so many hands in the pocket. Chairperson Viecegli stated that one, they have to decide whether it has to stay on housing or it can be for senior, other senior things. But two, I would think if it were, we still would, I'd like to maybe for us to submit our suggestion.

Commissioner Motto added that there was an affordable housing task force in Arlington Heights. During a meeting with this group, someone asked Planning Staff if Arlington Heights have an overall housing plan. Commissioner Motto stated that affordable housing is an issue for everyone, including young families, caregivers and older adults. He added it is important to advocate for rent control, multi-dwelling units, and accessory dwelling units in Arlington Heights.

G. Kenneth Hood Award

Commissioner Vogt remarked that the Hood Award subcommittee will meet sometime in March. Commissioner Williams and Commissioner Adams also helped on the award, so we are looking for another commissioner to fill in for Commissioner Williams.

V. OLD BUSINESS

No old business was discussed.

VI. NEW BUSINESS

The next Commission meeting will be held on Monday, March 25 at 7 PM. The Communication Subcommittee will meet on Monday, March 25 at 5:30 PM. The Transportation Subcommittee will meet on Monday, March 25 at 1 PM at the Senior Center.

The commissioners discussed reconfiguring the subcommittee member teams, due to the reduced number of people on the Commission. The commissioners decided to combine Transportation and Housing as a temporary measure until more members are added to the Commission.

Transportation/Housing Subcommittee: Fred Feldman, Fred Vogt, George Motto, & Sue Viecegli
Communication Subcommittee: Tim Carter, Steve Raminiak, & Sue Viecegli
Kenneth Hood Award Committee: Sharon Adams, Fred Feldman, & Fred Vogt

Chairperson Viecegli requested to have the liaison check to see if the Board could do something to acknowledge Commissioner Tem Williams service to the community within the minutes of their next meeting. Liaison Colagrossi will investigate and report back.

VII. OTHER BUSINESS

No new business was discussed.

VIII. PUBLIC COMMENT

Mr. Keith Moens spoke on the Housing Commission meeting, receiving ten requests for letters of interest. The Housing Commission's agenda online has a summary on that Trust fund. Mr. Moens added that the Grace Terrace project will be pushed now from March to April. Mr. Moens said that he wasn't sure why it's getting pushbacks, but he is requesting that as a commission or as an individual, if they are inclined to support that project, just send a note to your favorite trustee and ask them to get it on the agenda and approve of it.

The Grace Terrace project is from Full Circle Communities, located at 1519-1531 South Arlington Heights Road. The proposed Full Circle Communities (Grace Terrace) Project includes a three-story Permanent Supportive Housing facility (PSH) to include 25-units at 1519 S. Arlington Heights Road. The facility would accommodate individuals with disabilities and will target local veterans with the goal of providing stable housing coupled with supportive services for these residents. A total of 41 parking stalls are part of the proposed project.

Chairperson Viecegli remarked that the commission is in favor of the project and would be happy to draft something for review.

CHAIRPERSON VIECELLI REQUESTED A MOTION TO WRITE A LETTER OF SUPPORT FOR THE CONSTRUCTION OF GRACE TERRACE. COMMISSIONER MOTTO MADE A MOTION AND WAS SECONDED BY COMMISSIONER VOGT. ALL WERE IN FAVOR.

IX. ADJOURNMENT

CHAIRPERSON VIECELLI REQUESTED A MOTION TO ADJOURN. COMMISSIONER CARTER MADE A MOTION AND WAS SECONDED BY COMMISSIONER VOGT. ALL WERE IN FAVOR AND THE MEETING ADJOURNED AT 8:07 PM.