



AGENDA
Board of Health
Buechner Room
Arlington Heights Village Hall
33 S. Arlington Heights Rd., AH 60005
July 27, 2026
6:30 PM

- I. CALL TO ORDER
- II. ROLL CALL OF MEMBERS
- III. APPROVAL OF MINUTES
 - A. April 27, 2026 Minutes
- IV. REPORTS
 - A. Health & Human Services Director Update
 - 1. Environmental Health
 - 2. Senior Services
 - B. Nursing Services Update
 - C. Social Services Update
- V. OLD BUSINESS
 - A. Update on unregulated THC state legislation
- VI. NEW BUSINESS
- VII. OTHER BUSINESS
 - A. Announcements / Correspondence
- VIII. PUBLIC COMMENT

Anyone wishing to speak on a subject not on the Agenda may speak at this time. Please limit your comments to three minutes.

- IX. ADJOURNMENT

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**Minutes
Village of Arlington Heights
Board of Health
33 S. Arlington Heights Rd., AH 60005
Buechner Room
April 27, 2026
6:30 PM**

I. CALL TO ORDER

Chair Meservey called the meeting to order at 6:35 p.m. All stood for the Pledge of Allegiance.

II. ROLL CALL

Present

Jerome Meservey, M.D. Chairperson
Karen VanLandeghem, MPH
Kristen Brown, M.D.
Shalu Gugnani, M.D.
Joseph Novak, Psy.D.

Also Present

Mila Tsagalis, Commission Liaison
Lindsay Dohse, Nursing Supervisor
Hannah Kane, Social Worker
Kimberly Witt, Administrative Analyst
Tracey Colagrossi, Senior Center Manager
George Motto, Senior Citizens' Commissioner
Fred Vogt, Senior Citizens' Commissioner

Not Present

Ashley Bae, LCSW
William Moran, M.D.

III. APPROVAL OF MINUTES

A MOTION WAS MADE BY JOSEPH NOVAK PSY.D., TO APPROVE THE MINUTES OF THE JANUARY 26, 2026, MEETING, SECONDED BY MS. VANLANDEGHEM AND APPROVED BY UNANIMOUS CONSENT.

Due to guest presenters, The Board moved from Approval of Minutes to Other Business, A. Announcements/Correspondence. 1. The Senior Center to provide an Age-Friendly Arlington Heights presentation.

VII. OTHER BUSINESS

A. Announcements/Correspondence

1. Senior Center to provide an Age-Friendly Arlington Heights presentation.

Tracey Colagrossi, along with Mr. George Motto and Mr. Vogt, provided a presentation regarding the Age-Friendly Arlington Heights initiative. Topics discussed included events at the Senior Center, community survey findings, affordable housing and transportation needs, communication and outreach efforts, volunteer programs, and partnerships designed to support healthy aging and independent living for older adults within the community. The presenters also addressed transportation accessibility, social isolation, and opportunities for continued collaboration among Village commissions and community organizations. The Board thanked the presenters for their presentation.

IV. REPORTS

A. Health & Human Services Director Update

Ms. Tsagalis reported on volunteer recognition efforts during National Volunteer Month, noting that more than 318 volunteers contribute over 1,500 service hours through Health and Human Services programs. She also provided updates related to Public Health Week, environmental health initiatives, recycling and document destruction events, radon testing services, and the Village's newly adopted sustainability plan.

Ms. Tsagalis further reported on ongoing discussions regarding video gaming terminals, unregulated THC products, kratom, and tianeptine, including recent Committee of the Whole discussions and continued research by the Village Board. Additional updates included expanded Pace On Demand transportation services and continued outreach efforts related to community transportation resources.

Additional updates included Youth Commission activities such as completion of the snow shoveling program (436 residents served with 142 student participants) and the annual Teen Job fair, which drew over 300 students and approximately 18 participating businesses. The Commission is preparing to launch its seasonal lawn mowing program and continues to support internship and youth engagement opportunities.

Environmental Health will also be bringing on a college student summer intern who will assist with pool inspections and various environmental health programs, providing additional workforce development and learning opportunities.

B. Nursing Services Update

Ms. Dohse presented highlights from the Nursing Services 2025 Impact Report and provided departmental updates since January. She reported 842 school-based vision and hearing screenings with 18 referrals for follow-up evaluation. She also summarized ongoing public health initiatives, including heart health screening clinics, the "Fitness Strong" program, and community education efforts such as Parkinson's programming, babysitter first aid training, and maternal/child health collaborations.

Ms. Dohse noted continued participation in regional coalitions and community partnerships, along with 207 home visits since the last report, including crisis

response, medication support, and fire department referrals. She provided updates on staff training and certification progress and reported that Nursing Division policies and procedures are nearing completion.

She also highlighted participation in a Mobile Integrated Health conference and ongoing efforts to evaluate best practices in community-based care, strengthen collaboration with fire and hospital partners, and analyze fall data to improve service delivery.

C. Social Services Update

Ms. Kane, Senior and Disability Social Worker, provided an update on the Social Services Division. She reported planning for the third annual Pride Together Conference, which will focus on trauma across the lifespan and feature a panel of five area professionals, as well as upcoming participation in the library's Pride Fest and ongoing volunteer training for library staff.

She shared updates on homelessness outreach efforts, including participation in regional coalitions, local working groups addressing housing insecurity, and continued involvement in the summer suppers program. Ms. Kane noted increased collaboration among northwest suburban municipalities and a continued rise in local service contacts.

In disability services, she reported ongoing ADA compliance work, including website accessibility improvements and support for reasonable accommodation requests, and highlighted a recent success involving installation of an automated door to support a resident's independent living. She also noted upcoming SSDI/SSI educational programming and a presentation to an amputee support group.

In senior services, Ms. Kane reported strong participation in grief support and memory café programs, continued involvement in the hoarding task force, and collaboration with the Arlington Heights Memorial Library. She also noted a visit to Lutheran Home and the conclusion of one high school internship along with the onboarding of a new intern.

V. OLD BUSINESS

A. E-Bike Regulations

Ms. Tsagalis provided an update on state legislation regarding e-bikes and related devices, noting that while state law is still under development, it is not expected to take effect until January, meaning the Village's current ordinance will likely remain in place for the summer season.

She summarized the existing local ordinance and ongoing public education efforts, including a recent presentation by a Police Sergeant to the Youth Commission. Discussion focused on classification of devices (including low-speed, standard, and high-speed "e-motos"), age requirements, safety concerns, helmet use, enforcement provisions, and fines, including penalties for repeat offenses and potential parental liability.

Ms. Tsagalis noted that enforcement and education efforts are being coordinated through police outreach, school-based messaging, and community awareness initiatives. She also referenced ongoing concerns raised by residents regarding safe operation, particularly among younger users, and emphasized continued review as state legislation progresses.

VI. NEW BUSINESS

VII. OTHER BUSINESS

B. Handicap Parking

The Board discussed concerns regarding the availability and distance of accessible parking in the Al Fresco dining areas. A question was raised about requirements for the number of designated accessible parking spaces, and Ms. Tsagalis will look into the applicable parking ratios. Members also discussed accessibility challenges at Frontier Days, particularly the distance from parking areas to the festival grounds. Ms. Kane reported ongoing collaboration with Frontier Days and the Disability Commission to review feedback and implement accessibility improvements for the upcoming event.

VIII. PUBLIC COMMENT

IX. ADJOURNMENT

DR. GUGNANI, SECONDED BY DR. BROWN TO ADJOURN AT 8:25 P.M., ALL CONCURRED AND THE MOTION CARRIED UNANIMOUSLY.

The next meeting will be held on July 27, 2026.